



**Vol. 9/No. 9 – September
2026**

**Kitty's Chronicle
Mercy Associates Newsletter**

Prayers for the Sick

Let us pray for the sick, especially our Associates, Sisters of Mercy, family members, friends and caregivers. May God touch them with comfort, healing and strength.

We pray for people who are on our list this week – Jaxon McKinney (grandnephew of Sister Maureen O'Keefe), Diane Hickey (sister-in-law of Cathy Hickey), Theresa Lacey (sister of Annie Brown), Marilyn Thurston, Patricia King, Sylvia Flood, Kevin Drover (husband of Geraldine Drover), Marion Bonia (sister of Anne Marie Davis), Sister Theresa Boland, George Bradbury (husband of Barbara Bradbury), Jim Wakeford (nephew of Sister Maureen O'Keefe), Mike Kelly (husband of Anna Kelly), Anne Walsh, Sister Maureen O'Keefe, Michelle Furlong, and Mona Dwyer (sister of Geraldine Drover).

(If you wish to have your name or another person's name added to or removed from this list please let

Sharon Drover know @
[drover.sharon@yahoo.ca.](mailto:drover.sharon@yahoo.ca))



Prayer for the Sick

Through the Intercession of
Catherine McAuley

God of Love and Mercy,
You inspired Catherine McAuley,
To serve your Son by responding

To the needs of her time.
Moved by her care for the Sick,
We ask that through Her Prayers
You reach out with Your Healing
Love

And restore them to full health
We ask this in complete
Confidence through Jesus Christ,
Your Son
Amen.
Catherine McAuley, Pray For Us
Amen.

Light a Candle



Let us continue, in solidarity with Mercy Sisters, Associates and Colleagues around the world, to light a candle and pray for justice and peace. (Image-Jody Featherston Blog)



Notes from the Associates/Sisters

ITEMS OF INTEREST



Mercy Wellsprings

We need constantly to
contemplate the
mystery of mercy.
It is a wellspring of joy,
Serenity, and peace ...
From the heart of
the Trinity, from the depths of the
mystery
of God, the great river of mercy
wells up
and overflows unceasingly. It is
a spring that will never run dry,
no matter how many people draw
from it.

Misericordiae vultus #2, #25

Saint Gertrude Prosperi



Feast Day September 12th

Bl. Gertrude Prosperi was a
nineteenth century Italian

Benedictine who was known for her visions and deep religious devotions. She joined the Santa Lucia Benedictine convent in Trevi in 1820 when she was twenty-one years old. She had special devotions to the Sacred Heart of Jesus as well as the Eucharist. Gertrude had multiple visions, including a vision of Jesus carrying the Cross during the Passion as well as a vision of the Sacred Heart. With her spiritual director and confessor, she was able to discern the authenticity of these visions, and many of her writings about them are preserved today.

Saint Gertrude is widely known as the patron saint of cats, gardeners and travelers.



Daily Verse

Therefore, we are not discouraged; rather, although our outer self is wasting away, our inner self is being renewed day by day. For this momentary light affliction is producing for us an eternal weight of glory beyond all comparison, as we look not to what is seen but to what is unseen; for what is seen is transitory, but what is unseen is eternal. 2 Cor. 4:16-18

September *Month of Our Lady of Sorrows* *(Mater Dolorosa)*

Opening Prayer of Novena to Our Lady of Sorrows: O, Mother most holy and sorrowful, Queen of Martyrs, you who stood by your Son as He agonized on the cross; by the sufferings of your life, by that sword of pain that pierced your heart, by your perfect joy in heaven, look down on me kindly as I kneel before you, sympathizing with your sorrows and offering you my petition with childlike trust. Dear Mother, since your Son refused you nothing, as of His Sacred Heart to mercifully grant what I ask, through the merits of His sacred passion, along with those of your sufferings at the foot of the cross. Mother most merciful, to whom shall I go in my misery if not to you who pities us poor, sinful exiles in this valley of tears? In our name, offer Jesus but one drop of His most precious blood, but on pang of His loving heart. Remind Him that you are our sweetness, our life, and our hope, and your prayer will be heard. Amen

<https://catholicnovenaapp.com/novenas/our-lady-of-sorrows-novena/>



*From Kitty's
Kitchen*

Turkey Chili

Ingredients:

- 1 Tbsp.** extra-virgin olive oil
- 1** large red onion, finely chopped
- 1** bell pepper, finely chopped
- 4** cloves garlic, finely chopped
- 2 Tbsp.** tomato paste
- 1 1/2 lb.** ground turkey
- 1 Tbsp.** chili powder
- 2 tsp.** kosher salt
- 2 tsp.** ground cumin
- 1 1/2 tsp.** ground coriander

1 tsp. dried oregano

1 tsp. ground mustard

1/2 tsp. cayenne pepper

Freshly ground black pepper

1 (15-oz.) can fire-roasted tomatoes

1 (15-oz.) can black beans, drained

1 (15-oz.) can kidney beans, drained

2 tsp. chicken or beef bouillon

Shredded cheddar, sour cream, fresh cilantro, and/or saltines for serving



Directions:

Step 1

In a large pot over medium heat, heat oil. Add onion and bell pepper and cook, stirring occasionally, until softened, about 7 minutes. Add garlic and cook, stirring, until fragrant, about 1 minute more. Add tomato paste and stir until vegetables are coated and tomato paste has darkened, 1 to 2 minutes.

Step 2

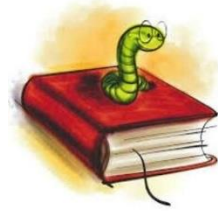
Add turkey and cook, breaking up meat with a spoon, until no longer pink, about 7 minutes. Add chili powder, salt, cumin, coriander, oregano, mustard, cayenne, and several grinds of black pepper. Scrape up any browned bits on bottom of pan. Let simmer, stirring occasionally, until liquid is reduced by about half, 2 to 3 minutes.

Step 3

Add tomatoes, black beans, kidney beans, and bouillon. Bring mixture to a boil, then reduce heat to medium and simmer, stirring occasionally, until chili is thickened, about 45 minutes. Taste and adjust seasonings as desired.

Step 4

Divide chili among bowls. Serve with preferred toppings.



From Kitty's
Library

A Good Read...

The Lady at the Louvre:

A Historical Novel of Courage, Resistance, and Priceless Art —

A secret promise. A forgotten heroine. An extraordinary story. In Nazi-occupied Paris, an unassuming Frenchwoman risked her life to protect some of Europe's greatest treasures from Nazi looting. Her quiet defiance was key to the Monuments Men's success. This novel brings her fascinating story to light. Paris, World War II: Juliette Durand plays a dangerous game. To the enemy, she is a quiet museum worker—plain, obedient, invisible. In truth, each day she risks her life. One mistake could mean discovery—and death. Decades later, Alice's beloved grandfather entrusts her with a dying wish. Alice sets out for Paris, intrigued to learn more about Juliette Durand—the enigmatic



woman he mentioned only in his final days. As Alice follows the fragile threads of Juliette's life, she uncovers the untold story of a Frenchwoman who risked everything to protect Europe's treasures from Nazi theft.

By uncovering Juliette's remarkable story, Alice discovers not only the woman behind the Monuments Men's success, but also the inspiration to transform her own life.

A compelling tale of courage and resilience, shining a light on a forgotten heroine of World War II.



We strongly encourage you to go to our mercy website: www.sistersofmercynf.org and have a look at the ASSOCIATE section. There are many new additions, lots of photos and some videos. Should you have any issues getting onto the website, please let us know and we will provide assistance.

We hope that you will enjoy and be encouraged to keep working for the growth of our Mercy Associate relationship.

Poetry Pause

September

Written By: Sara C. Tate

September, September the first
month of fall,

It's the first month of school and
football.

September has the holiday Labor
Day,

And in those fall leaves we love to
play!

You might need to wear your
favorite sweater,

With all this changing weather!

Eating apples and sipping cider,

Our smiles can't get any wider.

Welcome, September, Welcome!



Meditation

“In God there is no difference between His goodness and His Power. God is infinite being itself, and we have to make distinguishing categories in our minds in order to understand Him. But God is solely one perfect, simple act of being, or perfection. So, there is no way God can misuse His power for evil because He is, by definition, good...We are fallen creatures, and because of this we need checks and balances to keep us from using our power to abuse others...The only being that can handle absolute power is that being Who is also absolute goodness by necessity, or God.”

Matt Fradd: An Excerpt from How to Be Happy, Saint Thomas' Secret to a Good Life: Pg. 63



OPEN DOOR EVENTS - FREE



Each year during the fall, the Newfoundland and Labrador Historic Trust organizes a Doors Open event. This one day event sees museums, historic sites, churches, and other buildings open their doors to the public, free of charge, so that we can all appreciate the cultural and architectural beauty of our built heritage.

Doors Open is a unique opportunity for the citizens of Newfoundland and Labrador to celebrate our built heritage.

Buildings that are normally closed to the public or charge an entrance fee welcome visitors to look around for free.

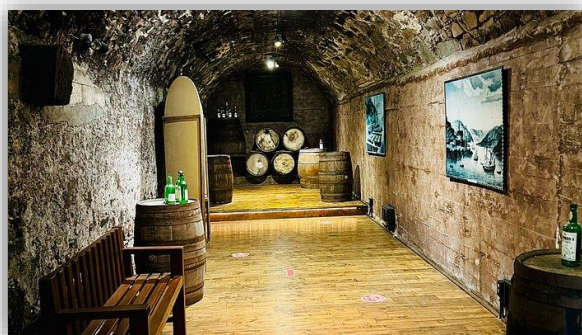


By Shhewitt - Own work, CC BY-SA 4.0

Colonial Building
90 Military Road
9:30am - 5pm



**Supreme Court of Newfoundland
and Labrador**
309 Duckworth Street
10am - 4pm



Newman Wine Vaults
436 Water Street
9:30am - 5pm



**Anglican Cathedral of St. John the
Baptist**
16 Church Hill
10am - 4pm



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St. Andrew's Presbyterian Church
"The Kirk"
76 Queens Road
10am - 4pm



The Basilica Cathedral of St. John
the Baptist 200 Military Road
10am - 4pm



Photo by: Erik Mclean

Gower Street United
99 Queens Road
10am - 4pm



The Majestic Theatre
390 Duckworth Street
10am - 4pm



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Commercial Chambers Building
197-199 Water Street
10am - 4pm



Anna Templeton Centre
278 Duckworth Street
1pm - 4pm



Corner view
© Parks Canada / Parcs Canada, 1993.

Government House
50 Military Road
10am - 4pm



Sisters of Mercy Heritage Centre
230 Waterford Bridge Road
10:00am - 4pm



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S.O. Steele Building

100 Water Street

Public Talk hosted by John
Fitzgerald begins at 1pm

God has never loved you...

Out of obligation. He has always loved you out of delight. Somewhere along the way, many of us learned to see God as someone who is constantly disappointed. Waiting for us to get it together. To pray more. Do better. Fail less. But that's not the heart of a Father. A loving father doesn't stop delighting in his child every time they stumble. He reaches for them. He lifts them. He reminds them they don't have to walk alone. That's the heart of God. He doesn't love a future version of you. He loves you today. On your strongest days. On your weakest days. On the days your faith feels fearless. And on the days all you can whisper, "Lord...help me." His love doesn't rise when you're doing well. And it doesn't disappear when you're not. Because His love has never been built on your performance. It has always flowed from His heart. So if you've been wondering whether God still loves you...don't look at your failures. Look at the cross. It has always been His answer.♥

Held & Healing

the **LAST WORD**

Prayer for the Canonization of Catherine McAuley

*"Loving God, you chose
Catherine McAuley for
the service of your
people who are poor,
sick, and uneducated.
You inspired her to
found the Institute of
Mercy so that these
good works might endure.
Give to each of us, her
daughters, a portion of*

*her compassionate spirit
and an ardent desire to
serve your suffering
people. Bless all our
undertakings and grant
that union and charity
may always thrive among
us. Graciously hear our
prayer for Catherine,
and by granting the
favours we ask through her
intercession, hasten the
day when her sanctity will
be celebrated by all the
church. Amen"*