



### Prayers for the Sick

Let us pray for the sick, especially our Associates, Sisters of Mercy, family members, friends and caregivers. May God touch them with comfort, healing and strength.

We pray for people who are on our list this week – Jaxon McKinney (grandnephew of Sister Maureen O'Keefe), Diane Hickey (sister-in-law of Cathy Hickey), Theresa Lacey (sister of Annie Brown), Marilyn Thurston, Patricia King, Sylvia Flood, Kevin Drover (husband of Geraldine Drover), Marion Bonia (sister of Anne Marie Davis), Sister Theresa Boland, George Bradbury (husband of Barbara Bradbury), Jim Wakeford (nephew of Sister Maureen O'Keefe), Mike Kelly (husband of Anna Kelly), Anne Walsh, Sister Maureen O'Keefe, Michelle Furlong, and Mona Dwyer (sister of Geraldine Drover).

(If you wish to have your name or another person's name added to or removed from this list please let

Sharon Drover know @ [drover.sharon@yahoo.ca](mailto:drover.sharon@yahoo.ca).)



### *Prayer for the Sick*

Through the Intercession of  
Catherine McAuley

God of Love and Mercy,  
You inspired Catherine McAuley,  
To serve your Son by responding

To the needs of her time.  
Moved by her care for the Sick,  
We ask that through Her Prayers  
You reach out with Your Healing  
Love

And restore them to full health  
We ask this in complete  
Confidence through Jesus Christ,  
Your Son  
Amen.

Catherine McAuley, Pray For Us  
Amen.



freecalendar.su

### ***Happy Birthday Wishes to....***

Mary Norman - July 6<sup>th</sup>  
Joanne Stevenson - July 26<sup>th</sup>

### ***Light a Candle***



Let us continue, in solidarity with Mercy Sisters, Associates and Colleagues around the world, to light a candle and pray for justice and peace. (Image-Jody Featherston Blog)



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## **Notes from the Associates/Sisters**

### **ITEMS OF INTEREST**



### ***Mercy Wellsprings***

We need constantly to contemplate the mystery of mercy. It is a wellspring of joy, Serenity, and peace ... From the heart of the Trinity, from the depths of the mystery of God, the great river of mercy wells up and overflows unceasingly. It is a spring that will never run dry, no matter how many people draw from it.

***Misericordiae vultus #2, #25***



July 1 in Newfoundland and Labrador is uniquely observed as **Memorial Day in addition to Canada Day. It is a solemn and historically significant date that commemorates the devastating losses suffered by the 1st Newfoundland Regiment at the Battle of Beaumont-Hamel during the First World War.**

### **Key Historical Facts**

**The Tragedy:** On July 1, 1916, during the first day of the Battle of the Somme, over 800 Newfoundlanders went over the top at Beaumont-Hamel. The next morning, only 68 soldiers were able to answer roll call.

**The Symbol:** While Canadians wear the red poppy in November, Newfoundlanders traditionally wear the **little blue forget-me-not** flower on July 1st to remember their fallen soldiers.

**National War Memorial:** Located in downtown St. John's, this landmark was unveiled on July 1, 1924. It now serves as the permanent home to an Unknown Newfoundland First World War Soldier, who was repatriated from France and entombed here on July 1, 2024.



*July 1, 1942*



*2024*



*pngtree.com*



## *From Kitty's Kitchen*



### ***Sloppy Joes or Untidy Samuels***

#### **Ingredients:**

2 Tbsp. butter  
2 1/2 lb. ground beef  
1/2 large onion, diced  
1 large green bell pepper, diced  
5 garlic cloves, minced  
1 1/2 cups ketchup  
2 Tbsp. brown sugar  
2 tsp. chili powder, plus more to taste  
1 tsp. dry mustard  
1 cup water  
salt, to taste  
black pepper, to taste  
2 Tbsp. tomato paste (optional)  
 Worcestershire sauce, to taste  
 Tabasco sauce, to taste (optional)  
8 kaiser rolls  
potato chips, for serving

#### **Directions:**

In a large skillet or Dutch oven, melt the butter over medium-high heat. Add the ground beef and cook until brown. Drain most of the fat and discard.

Add the onion, green bell pepper, and garlic. Cook for a few minutes, or until the vegetables begin to soften.

Add the ketchup, brown sugar, chili powder, dry mustard, and water. Stir to combine and simmer for 15 minutes, adding salt and pepper to taste. Also add the tomato paste, Worcestershire, and Tabasco, if desired. Taste and adjust the seasonings as needed.

Spread the rolls with butter and brown on a griddle or skillet. Spoon the meat mixture over the rolls, topping with a slice of cheese. Serve hot with potato chips!



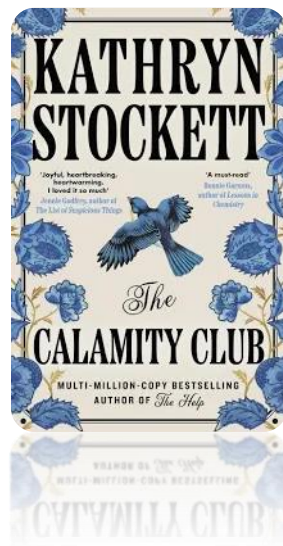


## From Kitty's Library

A Good Read...

*The Calamity Club* by Kathryn Stockett

Oxford, Mississippi, 1933. A bold, bighearted, and riotously funny novel about a sisterhood of unbreakable women who risk everything to take control of their fates. Abandoned by her mother one Christmas Eve, eleven-year-old Meg Lefleur has learned the hard way to rely on no one.



Birdie Calhoun, unmarried and outspoken, has come to Oxford to ask her socialite sister to help the struggling family she's left behind.

Then, Birdie encounters Charlie, a woman running low on luck with

little left to lose. When their fates—and Meg's—converge, Charlie comes up with an audacious plan to claim what's rightfully theirs.

*The Calamity Club* will make you laugh, cry, and cheer—an epic testament to underestimated women who know that calamity can be the spark of new beginnings.



We strongly encourage you to go to our mercy website: [www.sistersofmercynf.org](http://www.sistersofmercynf.org) and have a look at the ASSOCIATE section. There are many new additions, lots of photos and some videos. Should you have any issues getting onto the website, please let us know and we will provide assistance.

We hope that you will enjoy and be encouraged to keep working for the growth of our Mercy Associate relationship.

## Today's Quote

*"Don't start your day  
with broken pieces  
of yesterday.*

*Every day is a fresh start.*

*Every day is a new  
beginning.*

*Every morning we  
wake up is the first  
day of our new life."*



*Have a beautiful day!*

- Jeanne Kono

## Poetry Pause

### Moonlight, Summer Moonlight

*By ~ Emily Jane Brontë ~*

*'Tis moonlight, summer  
moonlight,*

*All soft and still and fair;  
The solemn hour of midnight  
Breathes sweet thoughts  
everywhere,*

*But most where trees are sending  
Their breezy boughs on high,  
Or stooping low are lending  
A shelter from the sky.*

*And there in those wild bowers  
A lovely form is laid;  
Green grass and dew-steeped  
flowers  
Wave gently round her head.*



poemanalysis.com

## Meditation

*"One day at a time. This is very important. Very often we exhaust ourselves going over the past again and again and also our fears about the future. But when we live in the present moment, we mysteriously find strength. We have the grace to live through what we encounter today. If tomorrow we must face more difficult situations, God will increase his grace. God's grace is given at the right time for it, day by day." – Jacques Philippe, p. 104*  
An excerpt from The Way of Trust and Love



the  
LAST WORD

*” My legacy to the Institute is charity: If you preserve the peace and union which have never yet been violated among us, you will feel, even in this world, a happiness that will surprise you and be to you a foretaste of the bliss prepared for every one of you in heaven.”*

- Quoted in Carroll, *The Life of Catherine McAuley*, p. 435

Happy Canada Day!  
Joyeuse fête du Canada!



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