



Prayers for the Sick

Let us pray for the sick, especially our Associates, Sisters of Mercy, family members, friends and caregivers. May God touch them with comfort, healing and strength.

We pray for people who are on our list this week – Jaxon McKinney (grandnephew of Sister Maureen O'Keefe), Diane Hickey (sister-in-law of Cathy Hickey), Theresa Lacey (sister of Annie Brown), Marilyn Thurston, Patricia King, Sylvia Flood, Kevin Drover (husband of Geraldine Drover), Marion Bonia (sister of Anne Marie Davis), Sister Theresa Boland, George Bradbury (husband of Barbara Bradbury), Jim Wakeford (nephew of Sister Maureen O'Keefe), Mike Kelly (husband of Anna Kelly), Anne Walsh, Sister Maureen O'Keefe, Michelle Furlong, and Mona Dwyer (sister of Geraldine Drover).

(If you wish to have your name or another person's name added to or removed from this list please let

Sharon Drover know @ [drover.sharon@yahoo.ca.](mailto:drover.sharon@yahoo.ca))



Prayer for the Sick

Through the Intercession of
Catherine McAuley

God of Love and Mercy,
You inspired Catherine McAuley,
To serve your Son by responding

To the needs of her time.
Moved by her care for the Sick,
We ask that through Her Prayers
You reach out with Your Healing
Love

And restore them to full health
We ask this in complete
Confidence through Jesus Christ,
Your Son
Amen.
Catherine McAuley, Pray For Us
Amen.



(Photo by [Nick Fewings](#) on [Unsplash](#))

Happy Birthday Wishes to....

Cathy Hickey June 18th
Sister Maureen June 18th



Happy Anniversary Wishes to ...

(www.artifit.org)

Joanne & Ed June 10th
Sharon & Bill June 26th
Barbara & George June 28th

Light a Candle

Let us continue, in solidarity with Mercy Sisters, Associates and Colleagues around the world, to light a candle and pray for justice and peace. (Image-Jody Featherston Blog)



Notes from the Associates/Sisters

ITEMS OF INTEREST



Mercy Wellsprings

We need constantly to contemplate the mystery of mercy. It is a wellspring of joy, Serenity, and peace ...

From the heart of the Trinity, from the depths of the mystery of God, the great river of mercy wells up and overflows unceasingly. It is a spring that will never run dry, no matter how many people draw from it.

Misericordiae vultus #2, #25



Pilgrimage – Camino de Madrid

One of our very own, Cathy Foster, has completed The Camino de Madrid. Here are a few words from Cathy about the Pilgrimage.

“It was a great trip...Apart from one difficult steep mountain climb, the terrain was mostly flat which made the experience quite manageable. Views were peaceful, predominantly farmlands & pine forests. Because this is a less travelled Camino route, many days were solitary, with few hikers on the trail. Nonetheless, we met lots of wonderful people in the villages, towns & cities we stayed & visited/toured many centuries old churches, monasteries, castles etc. Great fun. Highly recommend!”

Here are a number of photos of Cathy and her husband Wayne, and others.



Arrival at Iglesia de Santiago, Madrid;
starting point for Camino de Madrid



Arrival at top of Sierra de Quadorrama.
A difficult steep climb up rocky mountain terrain on a cold day!



Enjoying a communal meal of Bread Soup with fellow pilgrims.

One of many castles to enjoy!



Cathedral de Santa Maria, Leon. A magnificent structure featuring a considerable amount of stunning stained glass.



The Archival Moment

***The Archival Moment is contributed by
Sister Charlotte Fitzpatrick.***

An Archival Moment

**Looking Back into our Story -
Arrival Day June 3, 1842**



The *Sir Walter Scott* arrived at St. John's Harbour on the morning of June 3, 1842, having left the port of Kingstown, Ireland a month earlier. On board were Sisters Francis Creedon, Ursula Frayne and Rose Lynch who would form the first community of Mercy in Newfoundland. What must have

been their thoughts as they looked upon the forbidding landscape with its towering rocky cliffs and craggy headlands? Although they had seen poverty in Ireland, the abject poverty of this place with its rude shacks and derelict fishing stages perched on the side of the hills, would have seared their hearts and minds. Sister Francis had lived in the colony for six years, but for Sisters Ursula and Rose the scene before them must have caused some dismay and distress.

After a harrowing climb from the ship's deck down to the small boat bobbing on the heaving sea, they made their way through the Narrows to St. John's wharf. There they found a throng of people waiting to welcome them. Undoubtedly, the family of Sister Francis was among them, eager to see her after an absence of three years. Bishop Fleming transported them in his own carriage to his house on Henry Street, where they were to reside until their convent was built. What a momentous day this was! They were literally and figuratively transported to a new world, a world full of promise and full of challenge. What relief they must have felt to sleep in a bed after a month of rolling and tossing on the Atlantic! How they

must have prayed, thanking God for a safe journey and begging for the courage and strength to carry out the mission entrusted to them. We are grateful for the spirit of Mercy that impelled them and for the legacy of compassion, courage, creativity, and commitment that we have inherited as Sisters of Mercy of Newfoundland. We celebrate this day with great joy and gratitude.



*From Kitty's
Kitchen*

Chicken Curry Over Rice



Ingredients:

2 tablespoons olive oil (divided)

- 1 pound boneless skinless chicken thighs, cubed
- 1 large onion, chopped
- 1 teaspoon curry powder
- 1/2 teaspoon ground turmeric
- 1/4 teaspoon ground cumin
- 1/2 cup chicken broth
- 1 can (14-1/2 ounces) diced tomatoes, undrained
- 2 tablespoons tomato paste
- 2 garlic cloves, minced
- 2 teaspoons minced fresh gingerroot
- 1 teaspoon sugar
- 1/2 teaspoon salt
- 1 tablespoon cornstarch
- Hot cooked rice
- Naan bread
- Chopped fresh cilantro

Directions:

Adjust frying pan for medium heat; add 1 tablespoon oil. When oil is hot, brown chicken. Remove chicken and add remaining 1 tablespoon oil to pan. Add onion, curry, turmeric and cumin. Cook and stir until onion is tender, 3-5 minutes.

Add broth, stirring to loosen browned bits from pan. Stir in tomatoes, tomato paste, garlic, ginger, sugar, chicken and salt.

Add chicken back to the pan and select medium heat. In a small bowl, whisk together cornstarch and 1 tablespoon water. Add cornstarch mixture to pot and let simmer, uncovered, for 5 minutes.

Serve in shallow bowls with cooked rice and naan bread. Sprinkle with cilantro...enjoy!



From Kitty's
Library

A Good Read...

Brave New Summer by Sarah Morgan

Evie is the acting general manager of The Alexandra Hotel in picturesque Cornwall, but she feels trapped in a life defined by others' expectations. Just as she contemplates a fresh start, Abby

arrives, sent undercover by the hotel's owner to assess the staff and operations. But Abby is navigating her own struggles and longs to break free from the shadow of her mother.

As the two women forge an unexpected friendship, they confront their fears and the threat of change looming over them. With the help of a charming chef and a gruff pub owner, they begin to embrace their true selves and the bonds that unite them. Will they find the strength to reshape their futures, or will the weight of the past hold them back?



We strongly encourage you to go to our mercy website: www.sistersofmercynf.org and have a look at the ASSOCIATE section. There are many new additions, lots of photos and some videos. Should you have any issues getting onto the website, please let us know and we will provide assistance.

We hope that you will enjoy and be encouraged to keep working for the growth of our Mercy Associate relationship.



June - Save the Dates

June - September

Music @ Concert Series free concerts that take place from July to September in a variety of locations across the City.

Several musical styles are featured including folk, rock, pop, traditional and country. Each concert opens with a talented youth performer from our partner, [Newfoundland and Labrador Folk Arts Society](#).

Our weekly concert series with local performers in a variety of locations, including [Harbourside Park](#), [Bowring Park](#) and [Bannerman Park](#).

Downtown Pedestrian Mall - June - September

Experience our downtown streets with road closures in place, pop-up entertainment and more.

Sheep to Sock Fibre Festival (June 6)

Hosted at the [O'Brien Farm Foundation](#), this free family event features sheep shearing demonstrations, weaving, knitting, and rug hooking.

BE KIND, REWIND! Market (June 7)

Browse through CDs, vinyl, VHS tapes, video games, and retro books at the [St. John's Farmers' Market](#).

Gardeners Gathering Event (June 10)

Wednesday, June 10, 2026 | 6 to 8 p.m.
[H.G.R. Mews Community](#)

Centre, 60 Blackler Avenue. Join us as we officially open the community garden at H.G.R. Mews Community Centre during our annual Gardeners Gathering event. Whether you're a seasoned green thumb or just garden-curious, come celebrate all things gardening at our free, family-friendly event.

Cloudberry Children's Makers Market (June 14)

Catch children-led vendor tables, goods, and live music at the O'Brien Farm to raise funds for the Cloudberry Burrow.

Community in Craft Exhibition (Opens June 20)

Discover local works by over 30 Newfoundland and Labrador artists at the [Craft Council of Newfoundland & Labrador](#).

The Nickel Independent Film Festival (June 22-28)

Mark your calendar June 22–28, 2026

[LSPU Hall](#), St. John's

Tombolo Canada Multiculturalism Day Celebration (June 27)

Join us Saturday, June 27th from 6-10pm at the [St. John's Farmers' Market](#) for our Canada Multiculturalism Day Celebration! Come enjoy food, crafts, art, and clothing from both local and newcomer vendors, as well as multicultural music and dance performances! Entry to the event is FREE, and open to everyone and all ages. It is sure to be an evening filled with great fun, good vibes, and intercultural connections.

Taste in the Dark (June 27)

A unique 7-course blindfolded sensory culinary experience at the

[Merrywood Supper Club](#).



Meditation

“The weight of evil in the world seems overwhelming. We feel it everywhere and our effort to resist is smothered. But God does not see things in this way. God must still see the world as good or he would not allow it to continue its existence. He prefers, so St. Augustine tells us, to draw good out of evil rather than not to permit any evil at all.”

- Hubert Van Zeller, O.S.B., p. 71
An excerpt from The Mystery of Suffering

Pause for Thought....



Poetry Pause

Days of June

*The mist rolls in to test the
spring,
but June has other songs to sing.
Along the cliffs of Terra Nova,
the bitter winter frost is over.*

*Yet do not look for sweltering
heat,
or sun-baked clay beneath your
feet.
Greeting seabirds, see puffins in
flight,
as days stretch longer with
lingering light.*

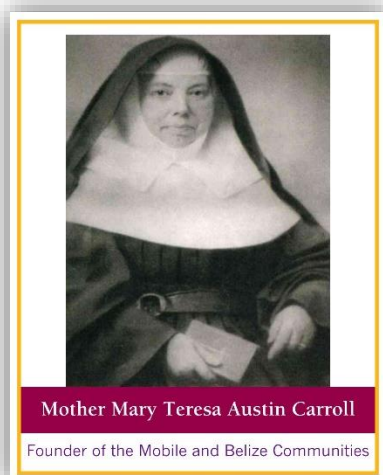
*White giants drift through
Iceberg Alley,
as purple lupins choke the
valley.
The whales arrive with breach
and blow,
to put on June’s dramatic show.*

*The rain will fall, the fog may
stay,
to steal the longest day away.
But when the sudden sun breaks
through,
the rock turns gold, the sea
turns blue.*

~ Catherine Penney Ryan~



A Reflection on the Women
whose Leadership and Vision
Shaped the Communities we
know today.



One such woman in the history
of the Sisters of Mercy in the
Americas is Mother Mary Teresa

Austin Carroll—a pioneer in
ministry, education and the
preservation of Mercy history.

Born in 1835, Sister Austin
entered the Sisters of Mercy in
Cork, Ireland, in 1854 and was
soon sent to Providence, Rhode
Island. Over the years, she
helped support Mercy
foundations across the United
States and eventually transferred
to St. Louis in 1865, where she
served as an educator, writer and
minister to prisoners. She also
cared for wounded soldiers
during the final days of the Civil
War.

Mother Austin later helped
establish Mercy houses across
the South and in British
Honduras, founding schools,
libraries and ministries—
especially in communities with
limited access to education. She
was also among the early
advocates for African American
education in the South.

In addition to her ministry,
Mother Austin was deeply
committed to documenting the
history of the Sisters of Mercy.
Through her extensive writing—
including *Life of Catherine
McAuley* and *Leaves from the
Annals*—she preserved the

stories, struggles and achievements of the congregation.

Her work reminds us that women have long been historians of their own communities, ensuring stories are preserved for generations to come.



“The words “In the name of the Father” do not cause me to think of a Father millions of miles away, or a Father who dominates me with His immensity so that my heart is more frightened than softened, but of a Father close by and within me – a Father who is there, and, to use an expression of Father Faber, who finds my soul the home of His Son, who is waiting for me at the door of my heart, and of the Holy Spirit, who intervenes in the conduct of my life so as to impart to it its eternal merit, who does everything with and will not leave me for one instant alone.”

- Raoul Plus S.J., p. 102
An excerpt from [How To Pray Always](#)



A decorative rectangular frame with ornate, scroll-like corners. Inside the frame, the word "the" is written in a small, cursive font at the top center. Below it, the words "LAST WORD" are written in a large, bold, serif font with a double-line outline.

the
LAST WORD

”I have great confidence in you to do what you think best.
State your opinion and always act with courage.”

- Catherine McAuley