



Vol. 8/No. 9 – September 2025

Kitty's Chronicle

Mercy Associates Newsletter

Prayers for the Sick

Let us pray for the sick, especially our Associates, Sisters of Mercy, family members, friends and caregivers. May God touch them with comfort, healing and strength.

We pray for people who are on our list this week – Jaxon McKinney (grandnephew of Sister Maureen O'Keefe), Diane Hickey (sister-in-law of Cathy Hickey), Theresa Lacey (sister of Annie Brown), Marilyn Thurston, Patricia King, Sylvia Flood, Kevin Drover (husband of Geraldine Drover), Marion Bonia (sister of Anne Marie Davis), Sister Theresa Boland, George Bradbury (husband of Barbara Bradbury), Jim Wakeford (nephew of Sister Maureen O'Keefe), Mike Kelly (husband of Anna Kelly), Anne Walsh and Sister Maureen O'Keefe.

(If you wish to have your name or another person's name added to or removed from this list please let Sharon Drover know (drover.sharon@yahoo.ca).





Prayer for the Sick

Through the Intercession of Catherine McAuley

God of Love and Mercy,
You inspired Catherine McAuley,
To serve your Son by responding

To the needs of her time.

Moved by her care for the Sick,
We ask that through Her Prayers
You reach out with Your Healing Love
And restore them to full health

We ask this in complete
Confidence through Jesus Christ, Your Son
Amen.

Catherine McAuley, Pray For Us
Amen.



Light a Candle

Let us continue, in solidarity with Mercy Sisters, Associates and Colleagues around the world, to light a candle and pray for justice and peace.



From the Wisdom Circles

Circle of Compassion

"That is what compassion does. It challenges our assumptions, our sense of self-limitation, worthlessness, of not having a place in the world. As we develop compassion, our hearts open."

- Sharon Salzberg

Contemplative Presence

"Concentration is the creation of the instrument; meditation is the right use of it; contemplation transcends it."

- Christmas Humphreys

Integrity of Creation

“I would rather be what God chose to make me than the most glorious creature that I could think of; for to have been thought about, born in God's thought, and then made by God, is the dearest, grandest and most precious thing in all thinking.”

- George MacDonald

Diversity and Inclusion

“If there is any one message the Bible delivers, it is the message that God loves outcasts and that Jesus was born into the world an outcast to rescue and renew outcasts from religion gone bad. He was born poor and died poor, yet the legacy of love he left us, the legacy of inclusion and acceptance and understanding, will endure forever.”

- Mel White



Notes from the Associates/Sisters

ITEMS OF INTEREST



Mercy Wellsprings

We need constantly to contemplate the

mystery of mercy.

It is a wellspring of joy,

Serenity, and peace ...

From the heart of

the Trinity, from the depths of the mystery

of God, the great river of mercy wells up

and overflows unceasingly. It is

a spring that will never run dry,

no matter how many people draw from it.

Misericordiae vultus #2, #25

PRAY. No matter what.

Pray when you're happy.
Pray when you're hurting.
Pray when you're sure.
Pray when you're lost.
Pray when words fail - just sit with Him.

Talk to God in every season.
He hears you. He sees you. He never leaves.



Saint Peter Claver

Patron Saint of African missions, African-Americans, black missions, foreign missions, Canonized by Pope Leo XIII on January 15, 1888

Peter Claver was born in 1581 to devout, upper-class parents in Verdú, Catalonia, Spain, a small farming village. At twenty years old, he entered the Jesuit novitiate and was sent to study at the Jesuit college of Montesión on the island of Mallorca, off the coast of Spain. There, he met Brother Alphonsus Rodriguez, the seventy-year-old doorkeeper of the college. Known for his humility, piety, and spiritual insight, Encouraged by Brother Rodriguez, Peter decided to become a missionary in the Spanish colonies in South America. In 1610, he set sail for Cartagena, Colombia.

The Spanish port city of Cartagena began granting licenses for the importation of African slaves to meet labor demands. By the time Father Claver was ordained, it is estimated that about 10,000 slaves were being transported annually on Spanish ships to Cartagena and subsequently sold.

After arriving in Cartagena, Peter spent about six years studying in Tunja and Bogotá. He was then ordained a priest in Cartagena, where he committed himself to serving the African slaves for the rest of his life. Though there were other priests in Cartagena, most of them ministered to the colonizers. Father Peter chose to make the slaves his congregation and their salvation his mission. When he made his final profession, Father Claver signed it with these words: “Peter Claver, slave of the slaves, forever.”

Father Claver’s approach to this horrific problem was unique. He preached the Gospel to the slaves in ways they could understand, in ways that would benefit them for eternity. He helped them see their innate dignity and restored that dignity.

Peter often set off to travel the countryside to meet up with those he had baptized. Upon arriving on a plantation, he avoided spending time with the owners and spent all his time with the slaves, even sleeping and eating in the slaves’ quarters. He gave them further instruction in the Catholic faith, taught them to pray, and offered them hope any way he could.

After more than forty years of dedicated and heartfelt ministry to the slaves, Father Claver himself fell ill and died in 1654. He spent his final days deepening his communion with those he had devoted his life to serving.





The Archival Moment

The Archival Moment is contributed by Sister Charlotte Fitzpatrick.

An Archival Moment - Sister M. Ignatius Molloy

Alice Molloy, only daughter of Thomas Molloy and Bridget Delaney Molloy, was born in St. John's on October 7, 1896. We know nothing about Alice's childhood, except that she had four brothers, one of whom was Edward, Brenda Molloy Mooney's father. Since the family lived on Patrick Street, it is likely that she received her early education from the Presentation Sisters at St. Patrick's Convent school.

Alice entered the Sisters of Mercy in St. Georges in 1914 and at her reception into the novitiate in 1915, received the name Sister M. Ignatius. When the amalgamation of all the Mercy convents in Newfoundland took place in 1916, she was transferred to the new General Novitiate at Littledale, where she completed her novitiate and made profession of vows on July 8, 1917.

In 1917 Sister M. Ignatius began her ministry as a professed sister on the staff of St. Clare's Home for Working Girls. Over the next number of years, her ministry took her to St. Joseph's Convent in Brigus, to St. Edward's and Immaculate Conception Convents on Bell Island, to St. Michael's Convent in St. George's and to St. Michael's Convent in Belvedere. In 1922 she went to St. Joseph's Convent, Hoylestown as a founding member of that community and in September of 1944 she returned to St. Joseph's as superior. In all her places of ministry Sister M. Ignatius graciously and generously shared her many talents. She was known to be a gentle, cheerful, competent and kindly classroom teacher and an extremely gifted music teacher. In several schools she taught Commercial as well as the regular subjects.

Although Sister M. Ignatius had been diagnosed in September of 1943 with a serious heart condition, she remained active as superior of St. Joseph's until her worsening condition obliged her to seek hospital treatment. She died at St. Clare's Mercy Hospital in January of 1945 at the age of forty-

eight. Her mother and her four brothers were present at her funeral liturgy which took place at the Cathedral of St. John the Baptist.



Poetry Pause

September

by *Lucy Maud Montgomery*

Lo! a ripe sheaf of many golden days
Gleaned by the year in autumn's harvest ways,
With here and there, blood-tinted as an ember,
Some crimson poppy of a late delight
Atoning in its splendor for the flight
Of summer blooms and joys
This is September.





From Kitty's Kitchen *Chicken Meatballs in Tomato Sauce*

Ingredients:

1 lb. ground chicken
1/2 cup bread crumbs
1/4 cup freshly grated Parmesan
2 Tbsp freshly chopped parsley, plus more for garnish
4 cloves garlic, minced
1 large egg
Salt & black pepper to taste
3 Tbsp. extra-virgin olive oil
1 (28 oz.) can crushed tomatoes
1 tsp. crushed red pepper flakes
1 1/2 cups shredded mozzarella



Instructions:

Step 1

Preheat oven to 400°. In a large bowl, combine ground chicken, bread crumbs, Parmesan, parsley, half the garlic, and egg and season with salt and pepper. Mix until fully combined, then form into meatballs.

Step 2

In a large oven proof skillet, heat 1 tablespoon oil over medium heat. Add meatballs and brown each side, 5 minutes. Transfer to a plate.

Step 3

Add remaining 2 tablespoons oil to skillet. Add remaining half garlic and cook until fragrant, 1 minute, then stir in crushed tomatoes and red pepper flakes.

Step 4

Bring to a simmer, then return meatballs to skillet. Top with mozzarella

and bake until cheese is melted and chicken is no longer pink, 10 minutes more.

Step 5

Garnish with parsley before serving...enjoy!

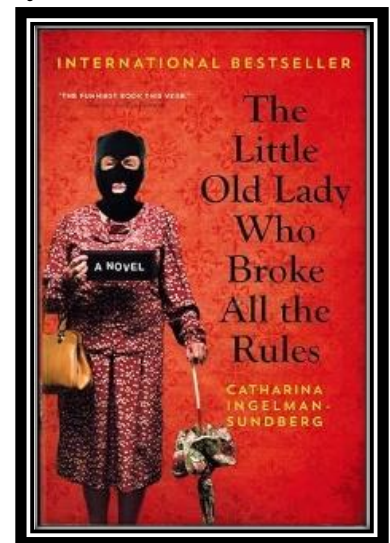


From Kitty's Library

A Good Read... by Catharina Ingelman-Sundberg

The Little Old Lady Who Broke All the Rules is a quirky, humorous and heart-warming story about growing old disgracefully—and breaking all the rules along the way!

Seventy-nine-year-old Martha Andersson dreams of escaping the dull, drab life of the retirement home. With no intention of spending the rest of her days confined to an armchair, she enlists her four oldest friends—a.k.a. the League of Pensioners—to rebel against the rules imposed upon them. Together, they cause an uproar with their antics: protesting against early bedtimes, tasteless meals, and a host of unfair cost-cutting measures. As the elderly friends become more daring, their activities escalate, and they devise a cunning plan to rob a bank in order to fund their exciting new lives. Determined to stand up for senior citizens everywhere—and not to be slowed down by their walkers—they outrun both the law and the lawless on their way to wealth and infamy.



We strongly encourage you to go to our mercy website:
www.sistersofmercynf.org and have a look at the ASSOCIATE section.

There are many new additions, lots of photos and some videos.

We hope that you will enjoy and be encouraged to keep working for the growth of our Mercy Associate relationship.



A prayer for people experiencing wildfires:

God creator of the Universe we ask for protection for those in danger, comfort for the displaced, strength for the grieving, and healing for the land and people.

We also Pray for the firefighters and emergency workers and call for divine mercy and peace to end the suffering.

Heal the land, and restore the earth from these fires, allowing new life and hope to emerge from the ashes.

May your grace fill the hearts of all those affected, providing peace in the midst of chaos and fostering a spirit of compassion and support within our communities.

Amen

Season of Creation: Peace with Creation



Garden of Peace
Isaiah 32:14-18

PEACE WITH CREATION

SEASON OF CREATION 2025

You can view the Season of Creation Celebration Guide 2025 -
https://drive.google.com/file/d/10Oorroz_GrFfYaqVpQ1nS_knnTe9nzrv/view?pli=1



Pause for Thought ...



God is saying to you today...

Don't worry. I am in control.

I am already working on your problems.

I will bring peace to your heart.

I will help your family.

I will heal your pain.

I will give you strength each day.

I will take away your tears.

Better days are coming. You will be blessed.



The Last Word...

*“Our charity is to be cordial...something that renews,
invigorates and warms. Such should be the effect of our love
for each other.”*

- Catherine McAuley

