

Prayers for the Sick

Let us pray for the sick, especially our Associates, Sisters of Mercy, family members, friends and caregivers. May God touch them with comfort, healing and strength.

We pray for people who are on our list this week – Jaxon McKinney (grandnephew of Sister Maureen O'Keefe), Diane Hickey (sister-in-law of Cathy Hickey), Theresa Lacey (sister of Annie Brown), Marilyn Thurston, Patricia King, Sylvia Flood, Kevin Drover (husband of Geraldine Drover), Marion Bonia (sister of Anne Marie Davis), Sister Theresa Boland, George Bradbury (husband of Barbara Bradbury), Margaret MacNeil (sister of Geraldine Drover), Jim Wakeford (nephew of Sister Maureen O'Keefe), Mike Kelly (husband of Anna Kelly), Anne Walsh and Sister Maureen O'Keefe.

(If you wish to have your name or another person's name added to or removed from this list please let Sharon Drover know (drover.sharon@yahoo.ca.).





Prayer for the Sick

Through the Intercession of Catherine McAuley

God of Love and Mercy, You inspired Catherine McAuley, To serve your Son by responding

To the needs of her time. Moved by her care for the Sick, We ask that through Her Prayers You reach out with Your Healing Love And restore them to full health We ask this in complete Confidence through Jesus Christ, Your Son Amen. Catherine McAuley, Pray For Us Amen.



Happy Birthday Wishes to ...

Mary Norman	-	July
Joanne Stevenson	-	July



Light a Candle



Let us continue, in solidarity with Mercy Sisters, Associates and Colleagues around the world, to light a candle and pray for justice and peace.

 6^{th} 26^{th}

From the Wisdom Circles

Circle of Compassion

"We can't heal the world today but we can begin with a voice of compassion, a heart of love, an act of kindness."

- Mary Davis blog.gratefulness.me

Contemplative Presence

"Contemplative living is living in true relationship with oneself, God, others and nature, free of the illusions of separateness." - Thomas Merton

Integrity of Creation

"God is not a magician, but the Creator who brought everything to life... Evolution in nature is not inconsistent with the notion of creation, because evolution requires the creation of beings that evolve." - Pope Francis

Diversity and Inclusion

"Diversity is a fact. Equity is a choice. Inclusion is an action. Belonging is an outcome."

- Arthur Chan

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Notes from the Associates/Sisters

ITEMS OF INTEREST



Mercy Wellsprings

We need constantly to contemplate the

mystery of mercy.

It is a wellspring of joy,

Serenity, and peace ...

From the heart of

the Trinity, from the depths of the mystery

of God, the great river of mercy wells up

and overflows unceasingly. It is

a spring that will never run dry,

no matter how many people draw from it.

Misericordiae vultus #2, #25



Saints

In the month of July, the Catholic Church in Canada remembers and celebrates several saints, with some having a particular connection to Canada.

These include these three Canadian Martyrs.

St. Isaac Jogues, St. Jean de Brébeuf, and St. Charles Garnier.

They were recognized for their missionary work among the Indigenous peoples of North America and their ultimate sacrifice of martyrdom. Here's a bit more about each:

St. Isaac Jogues



A French Jesuit priest, known for his missionary work among the Huron and Iroquois peoples. He was captured, tortured, and eventually martyred by the Iroquois. He is often depicted holding the Eucharist and a chalice, symbolizing his return to the Iroquois territory and the conversion of his murderer.



St. Jean de Brébeuf:

Another French Jesuit priest, known for his missionary work among the Huron people and for composing the "Huron Carol". He was captured, tortured, and killed by the Iroquois.



St. Charles Garnier:

A French Jesuit priest, known for his gentle nature and dedication to his missionary work among the Huron and Petun peoples. He was killed while assisting the wounded during an Iroquois attack.

They were canonized by the Catholic Church in 1930.





The Archival Moment

The Archival Moment is contributed by Sister Charlotte Fitzpatrick.

<u>An Archival Moment – Sister M. Joseph</u> <u>Nugent</u>

Sister M. Joseph Nugent, dear companion of Sister Francis Creedon and one of the foundation stones of Newfoundland Mercy, died on June 17, 1847. She was

born in Ireland but emigrated to Newfoundland with her family in 1833, the same year that the Presentation Sisters came to St. John's. Shortly after their arrival, she entered that community but left after two years because of poor health. Over the next several years she devoted herself to caring for her brother's children and translating Greek and Latin classics. The Sisters of Mercy arrived in St. John's in June of 1842 and sometime later that year she entered the community. The Presentation Archives noted that she had "at last found her true home."

Professed at Presentation Convent as a Sister of Mercy in March of 1843, she entered fully into the life of the sisters – teaching in the first Mercy school and visiting /caring for the sick and abandoned. She was Sister Francis' only companion when Sisters M. Ursula and Rose returned to Ireland in November 1843 and the two became familiar figures on the roads and alleyways of St. John's, and at St. John's Hospital (near present-day Victoria Park). It was here that Sister M. Joseph contracted typhus when counselling and caring for a young seaman in great physical torment and spiritual anguish. After two weeks of terrible suffering from the dreaded disease, she died on June 17, 1847 and was buried with other plague victims in the Long's Hill area of St. John's.

Let us give thanks for this generous, courageous and compassionate woman of Mercy who lived the ideals of Mercy and by her full-hearted ministry gave so much to so many in need of comfort and compassion.



July 1, 2025

In Newfoundland and Labrador, July 1st is known as Memorial Day, distinct from Canada Day, to commemorate the Battle of Beaumont-Hamel and the sacrifices of Newfoundlanders and Labradorians in war, particularly during World War I. The day is a time for solemn remembrance and reflection on the province's wartime history.

Battle of Beaumont-Hamel: A key event commemorated on Memorial Day is the Battle of Beaumont-Hamel, a devastating event during the First World War where the Newfoundland Regiment suffered heavy losses.



Regimental Badge

Solemn Remembrance:

Memorial Day is a time for reflection on the sacrifices made by Newfoundlanders and Labradorians in various conflicts, especially during the First World War.

National War Memorial:



The National War Memorial in St. John's, Newfoundland, is a focal point for Memorial Day ceremonies, honoring those who served.

Forget-me-nots:

The forget-me-not flower is a symbol associated with Memorial Day and remembrance of the fallen.



Widespread Impact:

The Battle of Beaumont-Hamel had a profound impact on Newfoundland, with very few families unaffected by the losses.

The story of Harvey White



On **February 20, 1922** six year old Harvey White of Durrells Arm (Twillingate) wrote to Lieut. Col **Thomas Nangle** enclosing a small donation for the construction of the war memorial at **Beaumont Hamel**, France.

Lieut. Col Thomas Nangle had purchased from

the farmers of France, on behalf of the Government of Newfoundland, the fields that we now know as **Beaumont Hamel** – the fields where many young men of Newfoundland had died during WWI. Nangle and the government of Newfoundland were determined to establish a War Memorial on the site. A campaign was started that encouraged all Newfoundlanders to support the building of the memorial in any way they could.

Six year old Harvey White wrote:

Dear Sir: I ham only a lettel Boy not quit seven yars old I do go to school Every Day and I ham in no. one Book an I keep hed of the class Every Day and I had one Dollar gave me four keeping hed of the Class so I ham sending it to you four Bhaumont hamel memorial that is the spot ware my Fathere was killed July the First 1916. I ham in closing one Dollar Yours very truly Harvey White, Twillingate, Durrell Arm

- Archival Moments, St. John's



Poetry Pause

I AM A CANADIAN FREE TO SPEAK WITHOUT FEAR FREE TO WORSHIP IN MY OWN WAY FREE TO STAND FOR WHAT I THINK IS RIGHT FREE TO OPPOSE WHAT IS WRONG FREE TO CHOOSE THOSE WHO GOVERN MY COUNTRY THIS HERITAGE OF FREEDOM I PLEDGE TO UPHOLD FOR MYSELF AND ALL MANKIND Sohn g. tolefenbaker

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Moonlight, Summer Moonlight

'Tis moonlight, summer moonlight, All soft and still and fair; The solemn hour of midnight Breathes sweet thoughts everywhere,

But most where trees are sending Their breezy boughs on high, Or stooping low are lending A shelter from the sky.

And there in those wild bowers A lovely form is laid; Green grass and dew-steeped flowers Wave gently round her head.



Emily Brontë Art by Annie Stegg

- Emily Jane Brontë





From Kitty's Kitchen

LEMON COOKIE

Ingredients:

3/4 cup of unsalted butter, softened

1 ¹/₂ cups granulated sugar
1 tbsp. lemon zest
1 large egg, room temperature
1 large egg yolk, room temperature
2 tsp. lemon extract (or 1 tsp. each lemon and vanilla extract)
3 cups all-purpose flour
1 tsp. baking soda
1 tsp. cornstarch
3/4 tsp. salt
1/4 cup granulated sugar, for rolling & garnishing



Directions:

Beat the butter, sugar, and lemon zest for about 3-4 minutes or until light and fluffy, scraping down the sides of the bowl as needed.

Add eggs and lemon and vanilla extracts, mix again.

Add the dry ingredients, Flour; Cornstarch, salt and baking soda on top.

Add the lemon juice on top of the baking soda, it will foam = activated.

Mix just until combined. Do not over mix. Refrigerate the dough for at least 1 hour.

Preheat the oven to 325°F.

Add about ¹/₄ cup granulated sugar into a bowl and roll the balls in the granulated sugar. ¹/₄ cup granulated sugar, for rolling & garnishing

Line 2 baking sheets with parchment paper or silicone baking mats and place about 6-8 cookies at a time on a baking sheet.

Bake for 10-12 min. DO NOT OVERBAKE. These need to be very soft and chewy.

Rest on a cookie sheet for just 5 minutes then carefully transfer to a wire rack to cool completely. They will look puffy out of the oven but settle as they cool.

Sprinkle the tops of cookies with more granulated sugar for a sparkly look and lemon zest if desired.





From Kítty's Líbrary

A Good Read...

The Good Women of Safe Harbour by: Bobbi French

Frances Delaney is staring down the last days of her life. Looking back over her fifty-eight years with wit and no small amount of regret, she sees not the life she wanted but the one that

happened. An idyllic childhood in the small Newfoundland fishing town of Safe Harbour was darkened by the loss of her father at sea, an unwanted pregnancy and a betrayal by her closest friend, Annie Malone. Frances and Annie were



inseparable, and this rupture rocked Frances to the core. In the aftermath, she fled to St. John's and a solitary life nothing like what she and Annie had dreamed of as their grand escape. Now, with the help of her young, optimistic friend Edie, Frances begins a journey toward resolution and back to Annie and Safe Harbour. With these good women in her corner, Frances can at last chart her course to living on her own terms, right to the very end.



A little shout out to THE PERCHANCE THEATRE

The magic of theatre productions under the open sky.

<u>Address</u>: 75 Corporal Jamie Murphy Memorial Dr., Conception Harbour, NL A1A 6C3

Phone: (709) 771-2930

https://perchance.na.ticketsearch.com

Most shows running to August 30th





Tempting Providence

Tempting Providence, directed by Jillian Keiley and presented in collaboration with Artistic Fraud of Newfoundland. A cornerstone of the Newfoundland theatre canon, Robert Chafe's acclaimed play tells the true story of Nurse Myra Bennett, who arrived in Daniel's Harbour in 1921 and served as the only medical care for miles. Her resilience and compassion shine in this moving tribute to the spirit of outport communities.

The Flying Doctor

The riotous energy of The Flying Doctor returns after a hit run in 2023. Adapted by Evan Mercer and directed by Perry Schneiderman, this slapstick-filled take on Molière's farce blends classical theatre with the wild antics of commedia dell'arte – including a fight with a giant bologna.

Every Brilliant Thing

Perchance presents Every Brilliant Thing, directed by Allison Kelly and starring Harbour Grace native John Sheehan. A one-man show, follow's one person's journey through life, love, and loss, using honesty, humour and a growing list of joys to navigate the impact of his mother's mental illness. This play is currently playing on London's West End!



We strongly encourage you to go to our mercy website: <u>www.sistersofmercynf.org</u> and have a look at the ASSOCIATE section. There are many new additions, lots of photos and some videos.

We hope that you will enjoy and be encouraged to keep working for the growth of our Mercy Associate relationship.

Pause for Thought ...

"In all Measures of Time Turning It may not Matter that the Dead are Dead as long as the Living Live and Remember

Al Pittman, West Moon



The Last Word...

"May He bless and protect you, and make you the instrument of His glory."

- Letter to Frances Warde June 16, 1838



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