

KITTY'S CHRONICLE

MERCY ASSOCIATES NEWSLETTER



PRAYERS

Prayers for the Sick

Let us pray for the sick, especially our Associates, Sisters of Mercy, family members, friends and care-givers. May God touch them with comfort, healing and strength.

We pray for people who are on our list this week – Jaxon McKinney (Sister Maureen O'Keefe's grandnephew), Diane Hickey (sister-in-law of Cathy Hickey), Theresa Lacey (sister of Annie Brown), Marilyn Thurston, Patricia King, Edith Antle, Sylvia Flood, Kevin Drover (husband of Geraldine Drover), and Marion Bonia (sister of Anne Marie Davis).

(If you wish to have your name or another person's name added to or removed from this list please let Sharon Drover know (drover.sharon@yahoo.ca)

Happy Anniversary Wishes to ...

Barbara & Austin Hawley - August 10th

Prayer for the Sick:

*Through the intercession of
Catherine McAuley
God of love and mercy,
You inspired Catherine McAuley,
to serve your Son
by responding to the needs of her
time*

*Moved by her care for the sick,
we ask that through her prayers
You reach out with your healing
love and restore them to full
health.*

*We ask this in complete
confidence through Jesus Christ,
your Son.*

Catherine McAuley, Pray for us.

Amen





Light a Candle

Let us continue, in solidarity with Mercy Sisters, Associates and Colleagues around the world, to light a candle and pray for justice and peace.

From the Wisdom Circles

Circle of Compassion

“Compassion asks us to go where it hurts, to enter into the places of pain, to share in brokenness, fear, confusion, and anguish. Compassion challenges us to cry out with those in misery, to mourn with those who are lonely, to weep with those in tears. Compassion requires us to be weak with the weak, vulnerable with the vulnerable, and powerless with the powerless. Compassion means full immersion in the condition of being human.”

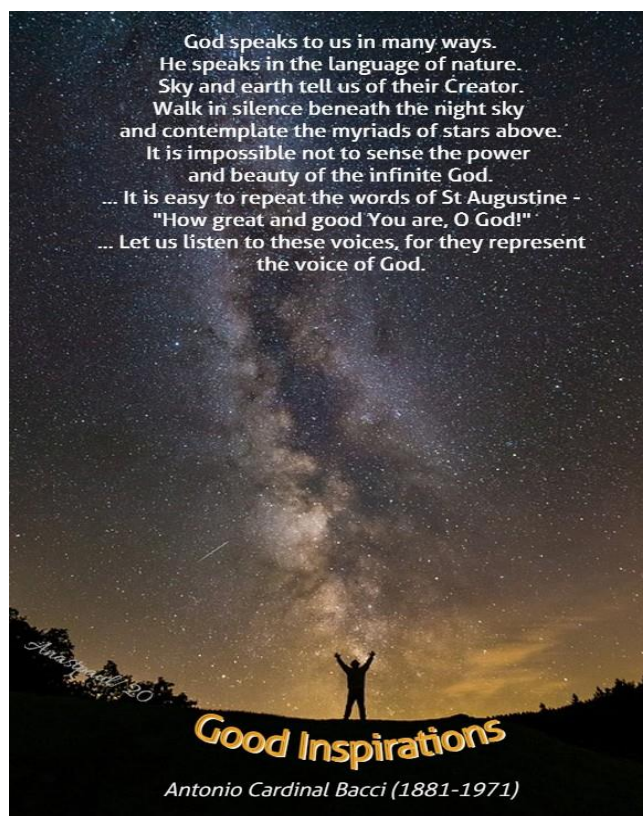
Henri J.M. Nouwen

Contemplative Presence

“Seeking the face of God in everything, everyone, all the time, and his hand in every happening; this is what it means to be contemplative in the heart of the world. Seeing and adoring the presence of Jesus, especially in the lowly appearance of bread, and in the distressing disguise of the poor.”

Mother Theresa

Integrity of Creation



"It's never too late to give up on your prejudices."

Henry David Thoreau

Notes from the Associates/Sisters

Items of Interest

Hello August!



The first calendar used by the ancient Romans began the year with March. The month that we now call August was then the sixth month of the year and was known by the name *Sextilis*, a Latin word meaning "sixth." When the emperor Augustus Caesar was in power, however, he wished to have a month named after himself. The Roman senate satisfied him by changing *Sextilis* to *Augustus*. The English word *August* comes from the Latin *Augustus*.

August 9th – Edith Stein Feast Day

Edith Stein was born on 12 October 1891 into a bourgeois Jewish family in Breslau, Prussia (now Wroclaw, Poland). Her father died when she was two, leaving her mother to run the family business, a lumberyard, while raising seven children.

When Edith Stein was 30 years old, she read St. Theresa of Avila's autobiography and immediately felt she had found the truth. She soon converted to Catholicism and baptized in 1922. Her conversion deeply disappointed her mother and many of her Jewish friends. Following the rise to power of the National Socialists in Germany, on 19 April 1933 Stein, because of her Jewish descent, was dismissed from her position in Münster. In October 1933, she entered the Carmelite convent at Cologne. In April 1934, she entered the novitiate, taking the religious name Teresa Benedicta of the Cross. The condemnation of Nazi anti-Semitism by the Dutch bishops, on 26 July 1942, provoked the German authorities to arrest non-Aryan Roman Catholics. With her sister Rosa, also a Catholic convert, Teresa Benedicta was arrested in Echt by the Gestapo on 2 August 1942 and shipped to Auschwitz concentration camp, arriving on August 7. She died with her sister Rosa on 9 August 1942. Survivors of the death camp testified that she assisted other sufferers with great compassion. At a ceremony in Cologne on 1 May 1987, Pope John Paul II beatified Edith Stein, and canonized her in 1998.



Churchill Park Music Fest



August 11

Kick of Night

The Punters / Celtic Connection / Masterless Men / Irish Descendants / Rum Ragged

August 12

The Lumineers / The Cold War Kids / TALK / Fortunate Ones

August 18

Alanis Morissette / METRIC / Meg Myers

August 19

Alanis Morissette / FEIST / Meg Myers

38th Annual George Street Festival

- Tuesday, August 1 –

[Shanneyganock](#) // [Signal Hill](#) // [Irish Descendants](#)

- Wednesday, August 2 -

[Nick Earle](#) // [Third Eye Blind](#) // [Matt Mays](#)

Global Music Series



Celebrate the diversity of talent in our community, this series is part of an initiative led by MusicNL and the Association for New Canadians in partnership with **The Rooms** to increase representation and recognition for immigrant musicians in our province. Free!!! All ages are welcome. Bring your own blanket to enjoy music on **The Rooms'** lawn.

Performances by:

Wednesday, August 9th 7:00 pm - 8:30 pm:

SeanT Le Savant, S. Shamik Ahmed, Chanel Rolle & Ibukun Olomodosi

Wednesday, August 16th 7:00 pm-8:30 pm:

Hierrito Onelvis Fernandez, Humberto Piccoli, Mashariki Muziki

Wednesday, August 23rd 7:00 pm - 8:30 pm:

Reza, Sunflower Duo, Ana & Eric

Harbour Side Park



This delightful park was built opposite the National War Memorial to commemorate the 1583 proclamation by Sir Humphrey Gilbert claiming Newfoundland. Harbourside Park is the venue for the City of St. John's free Music at Harbourside lunchtime concert series, on Fridays at 12:30 p.m. throughout the summer. The park features two striking statues of a Newfoundland dog and a Labrador Retriever.

Bring your own blanket and lunch.

Poetry Pause:

Trees

I think that I shall never see
A poem as lovely as a tree.

A tree whose hungry mouth is prest
Against the earth's sweet flowing breast;

A tree that looks at God all day,
And lifts her leafy arms to pray;

A tree that may in summer wear
A nest of robins in her hair;

Upon whose bosom snow has lain;
Who intimately lives with rain.

Poems are made by fools like me,
But only God can make a tree.

- Joyce Kilmer



From Kitty's Kitchen

Strawberry & Rhubarb Jam

Ingredients:

- 5 cups rhubarb *about 3 large stalks, cut into 1/2" cubes*
- 2 cups hulled and halved strawberries *about 1 pint*
- 2 1/4 cups sugar

- 1 tablespoon fresh lemon juice *from about half of a large lemon*

Instructions:

- Combine all ingredients in a medium to large saucepan over medium heat. Once mixture starts to bubble, reduce heat to medium-low. Continue to cook, stirring occasionally, until the jam has thickened. Plan on cooking jam for about an hour and temperature of the mixture is over 220°F.
- While the jam is cooking, sterilize four 1-cup jelly glass jars plus their rings and lids. I do this by boiling them in water for 10 minutes.
- Fill each jar with hot jam, leaving at least 1/4" of space at the top. Place lids on jars, and secure ring bands. Secure just tight enough so that they are hand tightened but you can easily unscrew.
- Jam should be refrigerated and used within 2 weeks.
- A jar of rhubarb jam is a lovely gift to give any time of the summer.

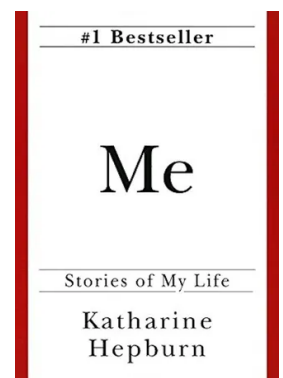


From Kitty's Library

A Good Read

***Me: Stories of My Life*, by Katharine Hepburn**

This book is a remarkable testament to Hepburn's unwavering determination, independence, and extraordinary success in Hollywood. Beyond her illustrious career, Hepburn's philanthropy and activism set her apart as a true trailblazer. She passionately championed causes such as women's rights, civil rights, and environmental conservation, utilizing her platform to inspire others to make a positive impact. Her story is truly inspiring and serves as a reminder of the power of resilience and using one's influence for the greater good.



Pause for Thought

Pause and remember - Every single event in your life, especially the difficult lessons, have made you smarter, stronger, and wiser than you were yesterday. Be thankful!

— Jennifer Young —

AZ QUOTES

What kind of person was Catherine McAuley?

Catherine's Sanctity

Catherine McAuley was a holy woman who from her earliest days when she fell in love with the *Psalter of Jesus* kept her heart pure, her prayer devout and her eyes on God. Jesus was the focal point of her sanctity: imitation of Him her constant pursuit; union with Him her life's aim, since "we are formed by God for Himself alone, to be united with Him here by love and fidelity and hereafter by enjoyment and beatitude."

She had the faith and constancy of a child in the efficacy of prayer. It was her first thought, never her last resort. Her devotion to the Mass and the Passion was rooted in her very real experience of the Cross; her recommendations on the Eucharist and the Sacred Heart were sincerely affectionate but not emotional; her devotion to our Blessed Lady is acknowledged in the selection of Mary as special patroness of the Congregation of Sisters of Mercy. The Will of God was Catherine's lodestar; her faith in Him enabled her to embrace the unknown and to take risks, but she never lost sight of the fact that although she might be instrumental in planting and watering, it was God who brought about the increase.

The sum-total of Catherine's virtues coalesced and found their source in the spirit of prayer which kept her in conscious contact with God whose Commandment of Love she recommended

as the hall-mark of her Congregation. Charity was her favourite virtue and her legacy to her Sisters of Mercy. And has Pope John Paul II not reminded us that “Mercy is Love’s second name?” Catherine McAuley saw it as such.

The Last Word...

“Centering Prayer

Our lives should be like the compass that goes round its circle without stirring from its centre. Our centre is God, from whom all our actions should spring as from their source, and no exterior action should separate us from Him. He requires that we should be shining lamps giving light to all around us.”

(*Ret. Ins.*, 154, 155)

Circle of Mercy (hymn) by Jeannette Gogliasm

In Mercy, we touch the hearts of those who are in misery.

In Mercy, we're touched by them and feel their strength and courage.

In Mercy, we heal the pain of those who are in sorrow.

In Mercy, we're healed by them and see the face of hope.

Ref.: For the circle of Mercy is timeless: it is Spirit of Life itself

Which roots us in Faith, and lifts us in Hope,

And holds us in God's loving care,

And holds us in God's loving care.

In Mercy, we welcome those the world has left rejected.

In Mercy, we're drawn within the loving heart of God.

In Mercy, we forgive the incompleteness in another.

In Mercy, our sins are healed and we are whole again. [Ref.]

In Mercy, the Spirit Faith will root us in God's Presence.

In Mercy, the Spirit Hope will lift us out of doubt.

In Mercy, the Love of God will be our joy in living.

In Mercy, we join with one another on our journey. [Ref.]

<https://vimeo.com/289904911>