

KITTY'S CHRONICLE

MERCY ASSOCIATES NEWSLETTER



PRAYERS

Prayers for the Sick

Let us pray for the sick, especially our Associates, Sisters of Mercy, family members, friends and care-givers. May God touch them with comfort, healing and strength.

We pray for people who are on our list this week – Jaxon McKinney (Sister Maureen O'Keefe's grandnephew), Diane Hickey (sister-in-law of Cathy Hickey), Theresa Lacey (sister of Annie Brown), Marilyn Thurston, Patricia King, Edith Antle, Sylvia Flood, Kevin Drover (husband of Geraldine Drover), and Marion Bonia (sister of Anne Marie Davis).

(If you wish to have your name or another person's name added to or removed from this list please let Sharon Drover know (drover.sharon@yahoo.ca))

Happy Birthday Wishes to ...

Happy Birthday Wishes to ...

Cathy Hickey - June 18th
Sister Maureen - June 18th



Prayer for the Sick:

*Through the intercession of
Catherine McAuley
God of love and mercy,
You inspired Catherine McAuley,
to serve your Son
by responding to the needs of her
time*

*Moved by her care for the sick,
we ask that through her prayers
You reach out with your healing
love and restore them to full
health.*

*We ask this in complete
confidence through Jesus Christ,
your Son.*

Catherine McAuley, Pray for us.

Amen



Happy Anniversary Wishes to ...



Joanne & Ed
Sharon & Bill
Barbara & George

June 10th
June 26th
June 28th



Light a Candle

Let us continue, in solidarity with Mercy Sisters, Associates and Colleagues around the world, to light a candle and pray for justice and peace.

From the Wisdom Circles

Circle of Compassion

“When we’re looking for compassion, we need someone who is deeply rooted, is able to bend and, most of all, embraces us for our strengths and struggles.”

Brené Brown

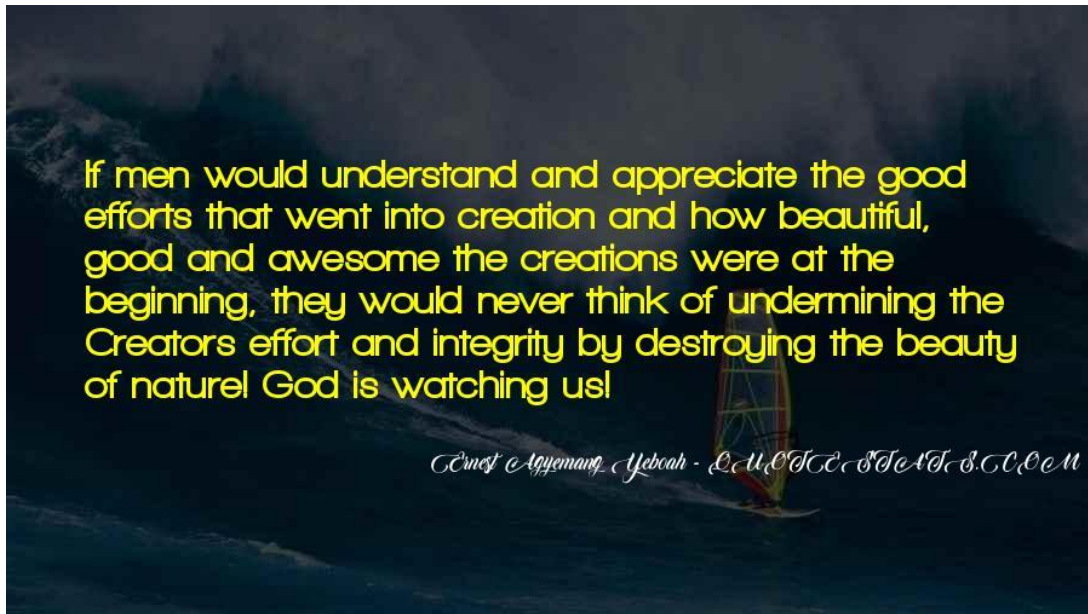
Contemplative Presence

“My principal purpose here is to point out again, yet more insistently, that one cannot meaningfully consider, much less investigate, the reality of God except in a manner appropriate

to the kind of reality God has traditionally been understood to be. Contemplative discipline, while not by any means the only proper approach to the mystery of God, is peculiarly suited to (for want of a better word) an 'empirical' exploration of that mystery. If God is the unity of infinite being and infinite consciousness, and the reason for the reciprocal transparency of finite being and finite consciousness each to the other, and the ground of all existence and all knowledge, then the journey toward him must also ultimately be a journey toward the deepest source of the self. As Symeon the New Theologian was fond of observing, he who is beyond the heavens is found in the depths of the heart; there is nowhere to find him, William Law (1686–1761) was wont to say, but where he resides in you; for Ramakrishna (1836–1886), it was a constant refrain that one seeks for God only in seeking what is hidden in one's heart; (...) The practice of contemplative prayer, therefore, is among the highest expressions of rationality possible, a science of consciousness and of its relation to the being of all things, (...)"

David Bentley Hart, The Experience of God: Being, Consciousness, Bliss

Integrity of Creation



Diversity and Inclusion

We should indeed keep calm in the face of difference, and live our lives in a state of inclusion and wonder at the diversity of humanity.”

George Takei

Notes from the Associates/Sisters

Items of Interest



June is named after the Roman goddess Juno – the god of marriage and childbirth, and the wife of Jupiter, king of the gods.



June 5th - World Environmental Day

Plastics are the largest, most harmful and persistent fraction of marine litter, accounting for at least 85 per cent of total marine waste.



Fifty years celebrating World Environment Day

Led by the United Nations Environment Programme (UNEP) and held annually on 5 June since 1973, World Environment Day is the largest global platform for environmental public outreach and is celebrated by millions of people across the world.

June 8th - World Ocean Day

Did you know?



- The ocean produces at least 50% of the planet's oxygen.
- The ocean is key to our economy with an estimated 40 million people being employed by ocean-based industries by 2030.
- Oceans absorb about 30% of carbon dioxide produced by humans, buffering the impacts of global warming.

June 12th - World Day Against Child Labour

The eradication of child labour requires a systemic approach and effective policies to strengthen social protection systems, education, and decent work opportunities for parents and caregivers to address the conditions that drive child labour.

Let us keep in our prayers the many children working because of family poverty, the parents of these children and the organizations addressing child labour and trafficking. Let us commit ourselves to ethical purchasing to prevent worker exploitation.

June 18th – Father's Day

Father's Day can hold many emotions for both men and women - those who had a loving father that passed away, those who never knew their dad, those expectantly waiting to become a dad soon, and countless other situations surrounding the father-child relationship.

Happy Father's Day to all the dads, grandfathers, uncles, and positive male role models. It takes a village to raise a child to become a wonderful human being. The influence of a strong and caring man in a child's life will nurture a future of loving relationships. Enjoy your day!



June 20th – World Refugee Day



World Refugee Day is an international day designated by the United Nations to honour refugees around the globe. It falls each year on 20 June and celebrates the strength and courage of people who have been forced to flee their home country to escape conflict or persecution. World Refugee Day is an occasion to build empathy and understanding for their plight and to recognize their resilience in rebuilding their lives.

June 21st - International Yoga Day

Free Yoga session at Government House (50 Military Road) this summer!
Join Nova Yoga at Government House for Free Yoga starting June 30th! Classes are Wednesdays at 12:15pm (45mins).

July 1 – September 30 (weather permitting)

The practice of Yoga brings joy, health, peace from within and deepens a sense of connection between an individual's inner consciousness and the external world.

People around the world embraced yoga to stay healthy and rejuvenated and to fight social isolation and depression during the pandemic. It is particularly helpful in allaying their fears and anxiety.

Yoga can be an important instrument in the collective quest of humanity for promoting sustainable lifestyle in harmony with planet Earth. In keeping with this spirit, the theme for this year's Yoga Day celebrations is "Yoga for Humanity."



June 21st – Feast Day - Saint Aloysius Gonzaga's Story

The Lord can make saints anywhere.....As a son of a princely family, he grew up in royal courts and army camps. His father wanted Aloysius to be a military hero.

At age 7 Aloysius experienced a profound spiritual quickening. His prayers included the Office of Mary, the psalms, and other devotions. At age 9 he came from his hometown of Castiglione to Florence to be educated; by age 11 he was teaching catechism to poor children. When he was 13 years old, he traveled with his parents and the Empress of Austria to Spain, and acted as a page in the court of Philip II. The more Aloysius saw of court life, the more disillusioned he became, seeking relief in learning about the lives of saints.

A book about the experience of Jesuit missionaries in India suggested to him the idea of entering the Society of Jesus, and in Spain his decision became final and he was received into the Jesuit novitiate.

Like other seminarians, Aloysius was faced with a new kind of penance—that of accepting different ideas about the exact nature of penance. He spent four years in the study of philosophy and had Saint Robert Bellarmine as his spiritual adviser.

In 1591, a plague struck Rome. The Jesuits opened a hospital of their own. The superior general himself and many other Jesuits rendered personal service. Because he nursed patients, washing them and making their beds, Aloysius caught the disease. A fever persisted after his recovery and he was so weak he could scarcely rise from bed. Yet he maintained his great discipline of prayer, knowing that he would die three months later within the octave of Corpus Christi, at the age of 23.

The History behind the Peter Pan Statue in Bowring Park

On February 23rd, 1918 the S.S. Florizel set out from St. John's harbour, enroute to New York City. One day later, fierce weather off the Southern Shore resulted in the ship striking a rock called Horn's Head near Cappahayden.

Ninety-three souls were lost in the wreck. One of the lost was little three-year old Betty Munn, who was torn from her father's arms during the disaster. Like Peter Pan, this little girl would never grow up.

Betty Munn was the granddaughter of Sir Edgar Rennie Bowring, who was a prominent business man and a partner in his family's business, Bowring Brothers Ltd. The firm was involved in various ventures, one of which was shipping. The Florizel was one of their vessels.

Four years before the disaster, Bowring Park was opened near downtown St. John's. The land was donated to the city in celebration of the firm's 100th year doing business in Newfoundland. After the Florizel disaster, Bowring commissioned a duplicate of the Peter Pan statue that stands in Kensington Gardens, London in memory of his granddaughter. This statue was placed in the park, where it still stands today, inscribed "In memory of a dear little girl who loved the park, Betty Munn."



Betty Munn



Peter Pan Statute – Bowring Park

Poetry Pause:

*"And what is so rare as a day in June?
Then, if ever, come perfect days;
Then Heaven tries earth if it be in tune,
And over it softly her warm ear lays:
Whether we look, or whether we listen,
We hear life murmur, or see it glisten,"
~James Russell Lowell~*





From Kitty's Kitchen

Hot Dog Wraps

Ingredients:

- 1 to 2 sheets puff pastry, defrosted and refrigerated
- Mustard
- 4 hot dog wieners
- 1 egg beaten with 1 tablespoon water, for egg wash
- Sea Salt and Pepper



Directions:

- Preheat oven to 375 degrees.
- Lay the cold puff pastry on a board and cut a 5½-inch wide strip to match the length of the hot dogs.
- Brush a 3-inch-wide strip of the cut pastry generously with mustard.
- Place a hot dog at the end of the pastry where you brushed the mustard and roll it up and away from you (one turn), until the hot dog is just encased in one layer of pastry and mustard.
- Brush the next 1-inch strip of pastry with the egg wash and continue to roll the hot dog, so the pastry is completely sealed.
- Cut any remaining pastry across and place the hot dog, seam side down, on a sheet pan lined with parchment paper.
- Prepare the remaining 3 hot dogs the same way.
- Brush the pastry with egg wash and sprinkle generously with sea salt and pepper. Bake for 15 to 20 minutes, until the pastry is nicely browned.
- Can be served with coleslaw, a salad, homemade potato fries; potato chips, etc., and make sure you have some extra mustard, ketchup and relish on the side.



From Kitty's Library

A Good Read

What is Invisible

Author: Beth Ryan

The twelve stories found between the covers of *What is Invisible* span time and place - from 1920s outport Newfoundland to the streets of downtown St. John's in the 1970s to a condominium complex in Florida in 2000. *What is Invisible* features a diverse collection of characters...a teenaged babysitter turned Woolworth's counter girl with a passion for something of her own, a middle-aged police officer who puts his career on the line to make working girls feel special, an elderly woman who struggles to understand her life after cancer threatens to end it. On the surface, these people don't have a lot in common. But most of them live on the edge of their own worlds, as they shun convention, stray over the line, or act as detached observers. The people you will meet in *What is Invisible* are searching for the truth but they end up finding some of their answers in their own secrets and lies.



Movie Night

Bell Aliant Channel 50

Rogers Channel 204

The Mating Game 1959

Sunday, June 4th 2:00 pm

A tax agent falls for a farm girl whose father he's investigating.

Starring: Debbie Reynolds; Doris Day; Tony Randell

Written on the Wind 1957 (Drama)

Friday, June 9th 8:00 pm



A young woman marries into a corrupt oil family then falls for her husband's best friend.
Starring: Rock Hudson; Lauren Bacall; Robert Stack

Royal Wedding 1951 (Musical)

Wednesday June 21st 4pm

A brother-and-sister musical team find romance when they tour to London for Elizabeth II's wedding.

Starring: Fred Astaire; Jane Powell; Peter Lawford



Pause for Thought

*“Pause and remember – Every single event in your life,
especially the difficult lessons, have made you smarter,
stronger, and wiser than you were yesterday. Be thankful!”*

Jennifer Young

What kind of person was Catherine McAuley?

Catherine’s Personality

From the reminiscences of one of her early companions we learn that ‘Sincerity held the first place among her many natural talents. It added a special lustre to all her other virtues – charity, humility,

love for any service of the poor, her faith, etc. – which were so genuinely free from the slightest element of artificiality or pretense that JUST TO KNOW HER WAS TO BE DRAWN NEARER TO GOD.” She was at once a human person and a holy woman, full of affection and *joie de vivre*; she believed that happiness is a good thing shared and her nature was one of keen sensitivity coupled with unlimited availability and constant openness to the Spirit. Her special charism was to interpret for those with whom she came in contact the Gospel of Mercy and to spread the good news of God’s unchanging love for His people. She was selfless and unassuming; she could be stern when occasion demanded and she forgave all hurts because she had a heritage of compassion and basic wisdom. She had a saving sense of humour, which, with the spirit of joy one finds in her letters, shows that hers was an attitude of hope even in the darkest moments.

Next month: Her femininity!

The Last Word...

“Oneness with God

As water assumes the form of whatever vessel it is put into, so do you form your heart and will to love and fulfill whatever shall be assigned you for the love of Him who has ordered it so. If the love of God reigns in your heart, it will quickly show itself in the exterior, and we will love our neighbour also: they are cause and effect.”

Retreat Instructions, 55, 145, 147
