

KITTY'S CHRONICLE

MERCY ASSOCIATES NEWSLETTER



PRAYERS

Prayers for the Sick

Let us pray for the sick, especially our Associates, Sisters of Mercy, family members, friends and care-givers. May God touch them with comfort, healing and strength.

We pray for people who are on our list this week – Jaxon McKinney (Sister Maureen O'Keefe's grandnephew), Diane Hickey (sister-in-law of Cathy Hickey), Theresa Lacey (sister of Annie Brown), Marilyn Thurston, Patricia King, Edith Antle, Sylvia Flood, Kevin Drover (husband of Geraldine Drover), Denis Duhamel and Mary Coish (brother-in-law and sister-in-law of Sharon Drover) and Marion Bonia (sister of Anne Marie Davis).

(If you wish to have your name or another person's name added to or removed from this list please let Sharon Drover know (drover.sharon@yahoo.ca))

Happy Birthday Wishes to ...



Geraldine Vicars	-	May 3 rd
Marilyn Stack	-	May 11 th
Marie Higgins	-	May 16 th
Sr. Monica Hickey	-	May 25 th
Gerri Stapleton	-	May 26 th
Lois Craig	-	May 28 th
Barbara Hawley	-	May 29 th

Prayer for the Sick:

*Through the intercession of
Catherine McAuley
God of love and mercy,
You inspired Catherine McAuley,
to serve your Son
by responding to the needs of her
time*

*Moved by her care for the sick,
we ask that through her prayers
You reach out with your healing
love and restore them to full
health.*

*We ask this in complete
confidence through Jesus Christ,
your Son.*

Catherine McAuley, Pray for us.

Amen





Light a Candle

Let us continue, in solidarity with Mercy Sisters, Associates and Colleagues around the world, to light a candle and pray for justice and peace.

From the Wisdom Circles

Circle of Compassion



Contemplative Presence

'If we were to create a word cloud to describe contemplation, it would include the words seeing, eyes, heart, stillness, silence,

presence, listening, openness.'

Elizabeth Davis rsm

Integrity of Creation

*We tune our ears to the wisdom of Earth.
It is deep prayer, this listening to her cries,
as Spirit's sighs, too deep for words.*

*Unborn generations call to us from the future:
what did you do when the planet
could no longer bear your foolishness
and begin to break?*

*The cardinal's whistle,
Once joy's message,
Is now a haunting lament
For the dwindling chorus of songbirds.*

*The topsoil – living organism and not lowly dirt –
Clears its thinning, chemical-burned voice,
And speaks out for the biotic kingdom
Teeming within this dark body.*

*The willow drops her loving arms
Around our shoulders and brushes us
with grace,
Whispering that it's not too late.*

*It falls to us, Wisdom's pupils,
To turn this dirge into a dance of the cosmos.
Let those with ears to hear, rise up.*

Adapted from If Darwin Prayed by Bruce Sanguin

Diversity and Inclusion

*We have a very diverse environment and a very
inclusive culture, and those characteristics got
us through the tough times.*

*Diversity generated a better strategy,
better risk management, better debates, and
better outcomes.*

Alan Joyce

Notes from the Associates/Sisters

Items of Interest



“May” is **likely named for the Roman goddess Maia, who oversaw the growth of plants.** Alternatively, the name might have come from the Latin *maiores*, meaning “elders”.

May 13th - Our Lady of Fatima Feast Day

May 13th is the anniversary of the apparition of Our Lady to three shepherd children in the small village of Fatima in Portugal. It marks the first day in 1917 when the Blessed Mother appeared to the three children of Fatima in Portugal.

The story begins in the village of Fatima, Portugal, on May 13, 1917. On that fateful day near that tiny village, The Blessed Virgin Mary, Mother of God, appeared to three young peasant children: Francisco, Jacinta, and Lucia; ages 10, 9 and 7. As was the custom, these youngsters were tending their family’s sheep when “a Lady all in white, more brilliant than the sun... indescribably beautiful,” standing above a bush, appeared to the children.



News of these apparitions began to spread throughout the region. The children recounted that the Virgin told them that God had sent her with a message for every man, woman, and child living in the century. She promised that God would grant peace to the entire world if Her requests for prayer, reparation, and consecration were heard and obeyed.

On October 13th, 1930, the Bishop of Leiria gave the seal of church approval to the apparitions, officially authorizing worship of Our Lady of Fatima, declaring it "Divine Providence".

Mother's Day - May 14th



Many people express their gratitude towards mothers and mother figures on Mother's Day. Mother figures may include step-mothers, mothers-in-law, guardians, foster parents, and family friends. It is the time for people to thank mothers and mother figures who took the time, care and help the ones they love through life's challenges. So, take some time on May 14th to reach out to someone special in your life who is a mother and bring a smile to them with the greeting "HAPPY MOTHER'S DAY".



Victoria Day - May 24th

*Queen Victoria: Born May 24, 1819. **Victoria Day** as we know it today has been known under a number of different names. Our parents and grandparents perhaps best remember it as **Empire Day**.*

With the death of **Queen Victoria**, who died on 22 January 1901, the nations of the British Commonwealth including Newfoundland began to search for a way to best celebrate her contributions.

The first 'Empire Day' took place on 24th May 1902, Queen Victoria's birthday. **Newfoundland** was among the first of the commonwealth nations to officially declare Empire Day an official holiday in 1903.

The holiday has given rise to the saying "*The 24th May is the Queen's Birthday. If we don't get a holiday we will all run away.*"

Queen Victoria and Newfoundland Connections

Queen Victoria allowed for the land grant for the Basilica, St. John's

Queen Victoria and the Newfoundland Shawl

Bishop Michael Fleming – the Roman Catholic bishop of Newfoundland conceived of the idea of building the Basilica Cathedral in the 1830's. In April, 1838, by gracious decree of the new Queen, Victoria, a definitive grant of some nine acres was made for the purpose of erecting the new cathedral and related buildings. Fleming obtained permission from Queen Victoria to build on "The Barrens".



Tradition has it that Bishop Fleming met with Queen Victoria in Hyde Park in London where the Queen rode by in her carriage. She then invited him to Buckingham Palace for tea. After a discussion, Queen Victoria offered her support and approval for the granting of the land for the Roman Catholic Cathedral. As he was leaving the Palace – Queen Victoria noted that it was chilly outside and offered him a shawl – which he later gave to his friend Mary Shaw Dempsey of Alexandria Street, St. John's.

Victoria, Behind Carbonear takes its name from Queen Victoria



Newfoundland: Victoria goes by many nicknames, including "The Village" and "The Savage Hollar." The community of Victoria is believed to have originally begun as a "winterhouse" for people from Freshwater and Carbonear. In the nineteenth century the settlement was named **Victoria Village**, in honor of **Queen Victoria**.

Queen Victoria and Cabot Tower

In 1897, Cabot Tower was commissioned to commemorate the 400th anniversary of John Cabot's discovery of Newfoundland and Queen Victoria's Diamond Jubilee (60th Anniversary).

An excellent example of late-gothic revival architecture the tower was designed by St. John's architect William Howe Greene. Begun in 1898, Cabot Tower was completed in 1900 and has been a part of a number of historic events.



Victoria Day in Newfoundland and Labrador marks the beginning of the summer, it is time to open the cabins and get the camping gear out!!

Quidi Vidi Village Artisan Studios

You're invited to join us at the Quidi Vidi Village Artisan Studios on Thursday evenings from 6-8pm to participate in the Warm Embrace project for the [Come From Away Gander](#) set! Knitters and crochets of all levels are invited to knit or crochet 6" or 12" squares that will be used in the set design in Gander this summer. 🌐

🧶 We have all the wool, you just need to bring a crochet hook or knitting needles!

This will be a great place to share ongoing projects, tips, and make new friends. All levels of experience are welcome.



This was the first time I ever held a crochet hook and look what I made.

~ Catherine Ryan



From Kitty's Kitchen

A twist on Mac and Cheese: Roasted vegetable Mac and Cheese

Directions:

- Preheat oven to 450°F (230°C). Line baking sheet with parchment paper.
- Arrange broccoli and Brussels sprouts in even layer on baking sheet. Spray vegetables with avocado oil spray. Season with 1/2 tsp salt and 1/4 tsp pepper. Roast vegetables, stirring halfway through for 20 to 25 minutes or until



tender and browned on the bottom.

- In large saucepan of boiling salted water, cook macaroni, stirring occasionally, about 10 minutes - drain.
- In large saucepan set over medium heat, melt 2 tablespoons of butter. Whisk in flour; whisk, for 1 minute or until smooth. Whisk in milk, cream, remaining 1/2 tsp salt and remaining 1/4 tsp pepper; bring to a boil, whisking constantly. Remove from heat.
- One handful at a time, stir in 1-1/2 cups Cheddar cheese until melted. Stir in drained macaroni and roasted vegetables.
- Spray 9-inch square baking dish with pam. Pour in macaroni / vegetable mixture. Sprinkle with remaining Cheddar cheese and Parmesan cheese.
- Bake for 15 to 20 minutes or until golden brown and bubbling.



From Kitty's Library

A Good Read

Paris, 1939: Young and ambitious Odile Souchet seems to have the perfect life with her handsome police officer beau and a dream job at the American Library in Paris. When the Nazis march into the city, Odile stands to lose everything she holds dear, including her beloved library. Together with her fellow librarians, Odile joins the Resistance with the best weapons she has: books. But when the war finally ends, instead of freedom, Odile tastes the bitter sting of unspeakable betrayal.



Montana, 1983: Lily is a lonely teenager looking for adventure in small-town Montana. Her interest is piqued by her solitary, elderly neighbor. As Lily uncovers more about her neighbor's mysterious past, she finds that they share a love of language, the same longings, and the same intense jealousy, never suspecting that a dark secret from the past connects them.

Movie Night

Bell Aliant Channel 50
Rogers Channel 204



A Nun's Story (1959)

Friday May 12th 3:30pm

Starring: Audrey Hepburn; Peter Finch and Edith Evans

A headstrong girl fights the strictures of the Catholic church in Europe and the Belgian Congo.

The Women (1939)

Sunday May 21st 5:30pm

Starring: Joan Crawford; Rosalind Russell; Norma Shearer

A happily married woman lets her catty friends talk her into divorce when her husband strays.

Brief Encounter (1945)

Thursday, May 25th 4:15 pm

Starring: Celia Johnson; Trevor Howard; Stanley Holloway

Two married strangers meet in a train station and fall in love.



Pause for Thought

*‘This time of “pause” is an invitation from God
to look at our lives, to see and believe that what
matters most is to trust fully in God’s divine providence.’*

Maria Teresa Retana rsm

Magnificat of Mercy

Sweet Mercy!

Soothing, patient, kind:

*softens the high and rears the fallen mind;
knows with just rein and even hand to guide
between false fear and arbitrary pride.*

*Not easily provoked, she soon forgives:
feels love for all, and by a look, relieves.*

*Soft peace she brings wherever she arrives:
removes our anguish and transforms our lives;
lays the rough paths of peevish nature even –
and opens in each heart a little Heaven.*

The Last Word...

*The blessing of unity still dwells amongst us
and oh what a blessing, it should make
all else pass into nothing...*

*This is the spirit of the Order, indeed the
true spirit of Mercy flowing from us ..*

Catherine McAuley - Letter to Elizabeth Moore Easter Monday, 1841
