

Kitty's Chronicle

Mercy Associates' Newsletter

Volume 6: No. 1 – January 2023



Prayers

Sick People

Let us pray for the sick, especially our Associates, Sisters of Mercy, family members, friends and care-givers. May God touch them with comfort, healing and strength.

We pray for people who are on our list this week – Jaxon McKinney (Sister Maureen O'Keefe's grandnephew), Sharon Keels (sister of Ros Hurley), Diane Hickey (sister-in-law of Cathy Hickey), Theresa Lacey (sister of Annie Brown), Marilyn Thurston, Patricia King, Edith Antle, Sylvia Flood, Kevin Drover (husband of Geraldine Drover), Geraldine Duhamel and Mary Coish (sister and sister-in-law of Sharon Drover) and Rick Stone (son of Doreen Stone).

(If you wish to have your name or another person's name added to or removed from this list please let Sharon Drover know (drover.sharon@yahoo.ca).

Birthdays



Tomi Cleal	– January 12 th
Sharon Drover	– January 15 th
Sonia Harvey	– January 16 th



Light a Candle

Let us continue, in solidarity with Mercy Sisters, Associates and Colleagues around the world, to light a candle and pray for justice and peace.

From the Wisdom Circles

Circle of Compassion

*“The purpose of human life
is to serve, and to show
compassion and the will
to help others.”*

Albert Schweitzer

Contemplative Presence

*“To enter into the realm of contemplation one must in a
certain sense die: but this death is in fact the entrance to a
higher life. It is a death for the sake of life, which leaves behind
all that we can know or treasure as life, as thought, as
experience, as joy, as being.”*

Thomas Merton

Integrity of Creation

Oneness of the Cry of Earth and the Cry of the Poor



Pope Francis is calling us to care for one another in a new way, to place human dignity and the interconnectedness of all creation above all else. In this way, “we must regain the conviction that we need one another, that we have a shared responsibility for others and the world, and that being good and decent are worth it.” “Indeed, “as believers, we do not look at the world from without but from within, conscious of the bonds with which the Father has linked us with all beings.”

Pope Francis

Diversity and Inclusion



*We inhabit a universe that is
characterized by
Diversity.*

Desmond Tutu

Items of Interest

January 1

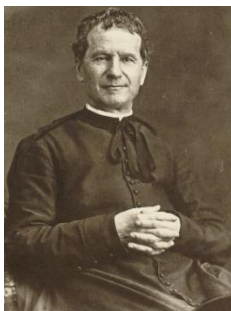
World Day of Peace

The World Day of Peace was established by Pope Paul VI in 1968 who asked that “every year, this commemoration be repeated as a hope and as a promise, at the beginning of the calendar which measures and outlines the path of human life in time, that Peace with its just and beneficent equilibrium may dominate the development of events to come.” Each year has a specific theme, chosen by the Holy Father.

<https://www.vaticannews.va/en/pope/news/2022-12/pope-francis-message-world-day-for-peace-light-even-in-darkest.html#:~:text=world%20day-,Pope's%20World%20Peace%20Day%20message%3A%20There%20is%20light%20even%20in,for%20the%20good%20of%20humanity.&text=%E2%80%99CNo%20one%20can%20be%20saved%20alone.>

The Solemnity of Mary, The Holy Mother of God

<https://www.vaticannews.va/en/pope/news/2023-01/as-new-year-begins-pope-francis-says-mary-gives-us-hope.html#:~:text=In%20his%20homily%20during%20the,make%20this%20world%20truly%20new.%E2%80%9D>



John Melchior Bosco (16 August 1815– 31 January 1888), popularly known as **Don Bosco** was an Italian Catholic priest, educator, writer and saint of the 19th century. He dedicated his life to the betterment and education of street children, juvenile delinquents and other disadvantaged youth. He developed teaching methods based on love rather than punishment, a method that became known as the Salesian Preventive System.

He is one of the pioneers of Mutual Aid Societies that were initiated as collaborative financial support to young migrant Catholic Workers in the

city of Turin. In 1850 he drew up regulations to assist apprentices and their companions when any of them was involuntary without work or fell ill.

On 18 April 1869, Don Bosco established the Association of Mary Help of Christians (ADMA) connecting it with commitments easily fulfilled by most common people, to the spirituality and the mission of the Salesian Congregation.

In 1875, he began to publish the Salesian Bulletin. The *Bulletin* has remained in continuous publication, and is currently published in 50 different editions and 30 languages.

Bosco established a network of organizations and centres to carry on his work. Following his beatification in 1929, he was canonized as a saint in the Roman Catholic Church by Pope Pius XI in 1934.

He is the patron saint of editors, publishers, youth, apprentices and magicians.



Winter Activities

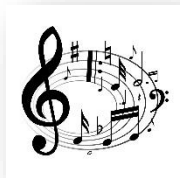
Go skating or watch the skaters at the Loop at Bannerman Park



The Loop is free to the public as long as there's ice!!!

Enjoy live music every Friday night at Jumping Bean

Jumping Bean hosts live music every Friday night at their Elizabeth Ave location. Don't miss a beat!



Check out the Sunday CLB Flea Market

It's free of charge to check out all the interesting vendors at the CLB Flea Market! Sundays from noon to 4pm at C.L.B. Armoury, 82 Harvey Road.

A Walk-through Bowring Park!



Check out The Rooms

The Rooms is free on the first Wednesday of every month from 6-9pm! Take in the history and amazing art by featured artists!

Visit the Quidi Vidi Plantation 10 Maple View Road





From Kitty's Kitchen

Turkey Biscuit Stew

Ingredients

- 1/3 cup chopped onion
- 1/4 cup butter, cubed
- 1/3 cup all-purpose flour
- 1/2 teaspoon salt
- 1/8 teaspoon pepper
- 1 can (10-1/2 ounces) condensed chicken broth, undiluted
- 3/4 cup milk
- 2 cups cubed cooked turkey
- 1 cup cooked peas
- 1 cup cooked, sliced carrots
- 1 tube (10 ounces) refrigerated buttermilk biscuits, not flaky



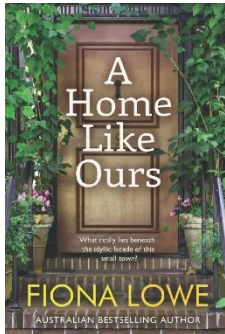
Instructions

1. In a 10-inch ovenproof skillet (like cast iron), add butter and sauté onion until tender over medium heat. Stir in flour, salt and pepper until well blended. Add broth and milk and bring to a boil. Stir for 2 minutes or until thickened and bubbling. Add the turkey, peas and carrots and heat through. Open refrigerated biscuits and separate. Gently place and arrange biscuits over the stew.
2. Bake at 375° for 20-25 minutes or until biscuits are golden brown and puffy.



From Kitty's Library

A Good Read...



A picturesque small town, a cozy community garden, a facade of tolerance and acceptance - but when three women with wildly different loyalties come together, what secrets and lies will be revealed?

Tara Hooper, Helen Demetriou and Jade Innes, Can these women with such differing loyalties unite to save their town from tearing itself apart?

Pause for Reflection

Mary Most Holy Liberates Souls

*O daughter, you are blessed by the Most High God
above all women on earth.” – Judith 13:18*

Sister Paula of St. Teresa, a Dominican, relates that one Saturday when she had been rapt into ecstasy and transported into purgatory, she was amazed to see that prison transformed into a paradise of delights, with radiance flooding its center, where thick darkness usually prevailed. Sister Paula beheld the Virgin encircled by a throng of angels. To each angel she gave the command to liberate and lead to heaven certain souls who had been especially devoted to her in life.

Reflection: Glory be to you, who are ever ready to assist us in life

and death! Lead us to the kingdom of heaven! Rejoice, O Virgin Mary; rejoice a thousand times! Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.

Susan Tassone

Day By Day for the Holy Souls in Purgatory



The Last Word....

*“How silently the great God works.
Darkenss is spread over the earth,
And light come again at dawn,
Yet there is never a sound of
Curtains being drawn or
Shutters being closed.”*

Catherine McAuley