

Kitty's Chronicle

MERCY ASSOCIATES NEWSLETTER



Prayers

Prayers for the Sick

Let us pray for the sick, especially our Associates, Sisters of Mercy, family members, friends and care-givers. May God touch them with comfort, healing and strength.

We pray for people who are on our list this week – Jaxon McKinney (Sister Maureen O'Keefe's grandnephew), Sharon Keels (sister of Ros Hurley), Diane Hickey (sister-in-law of Cathy Hickey), Theresa Lacey (sister of Annie Brown), Marilyn Thurston, Patricia King, Edith Antle, Sylvia Flood, Kevin Drover (husband of Geraldine Drover), Michael Hickey (brother of Cathy Hickey), Geraldine Duhamel (sister of Sharon Drover) and Rick Stone (son of Doreen Stone).

(If you wish to have your name or another person's name added to or removed from this list please let Sharon Drover know
(drover.sharon@yahoo.ca)

Prayer for the Sick:

*Through the Intercession of
Catherine McAuley
God of love and mercy,
You Inspired Catherine McAuley,
To serve your Son
by responding to the needs of
her time
Moved by her care for the sick,
We ask that through her prayers
You reach out with your healing
love and restore them to full
health.
We ask this in complete
confidence through Jesus Christ,
your Son.
Catherine McAuley, Pray for us.
Amen*



Happy Anniversary Wishes to ...

Barbara Hawley - August 10th



Light a Candle

Let us continue, in solidarity with Mercy Sisters, Associates and Colleagues around the world, to light a candle and pray for justice and peace.

From the Wisdom Circles

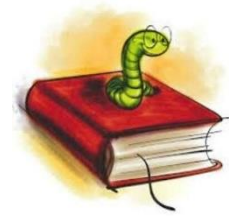
Circle of Compassion



Contemplative Presence

Contemplative prayer is a deepening of faith that moves beyond thoughts and concepts. One just listens to God, open and receptive to the divine presence in one's inmost being at its source. One listens not with a view to hearing something, but with a view to becoming aware of the obstacles to one's friendship with God.

- Thomas Keating



From Kitty's Library

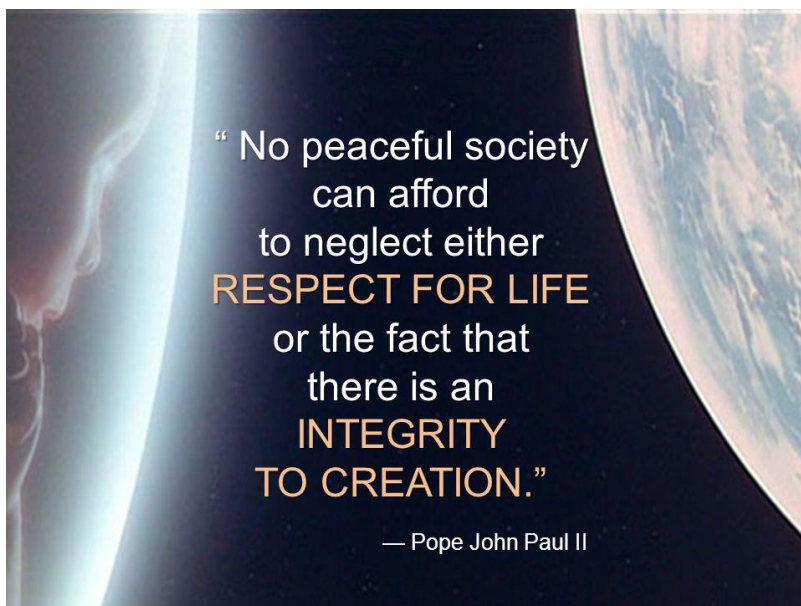
A Good Read



The Kite Runner by Khaled Hosseini (2003)

Khaled Hosseini's debut novel has been read by millions of people all over the world, clearly marking it as one of the best books of all time. It tells the touching story of two boys in modern-day Afghanistan: one wealthy, the other poor. Themes of friendship, redemption and familial love make it a universal chronicle that will keep readers of all ages riveted until the end.

Integrity of Creation



Diversity and Inclusion

Diversity may be both the hardest thing to live with and the most dangerous thing to be without.

- William Sloan Coffin



Notes from the Associates/Sisters

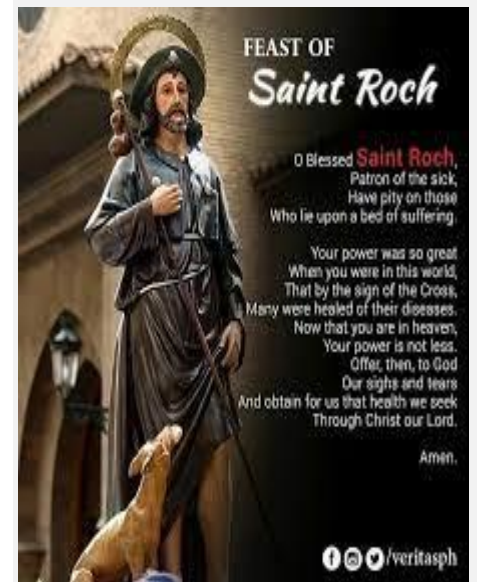
Items of Interest

August 16 is the annual feast day of St. Roch, the patron saint of dogs. Saint Roch (pronounced "rock") was a Frenchman born to nobility in 1295, so it may seem strange that he is recognized as the patron saint of dogs.

But, there's a lot more to the story... While he was born into wealth he was well-known for donating not only his money, but his time, to the peasants who suffered from plague.

After years of helping others and donating nearly his entire fortune to others, Saint Roch eventually caught the plague himself. Not wanting to burden others with his care, he entered the forest to die alone.

As he suffered, starved and alone, he was discovered by a stray dog.



Roch fully expected the animal to attack him and end his suffering. Instead, the animal brought him bread to eat. Every day, the dog returned with food, then stayed by his side to care for him.

Eventually, Roch recovered. He and his newly acquired dog went to town and discovered that the dog was owned by a local Count who had been a friend over the years. Surprised and impressed, the dog was presented to Roch by the owner.

Together, Roch and his newfound four-legged friend began traveling again, eventually returning to Montpellier, France.



S. ROCCO



From Kitty's Kitchen

Sweet and Sour Ribs

INGREDIENTS

3 lb. spareribs
2 tbsp. brown sugar
2 tsp. kosher salt
1 tsp. garlic powder

1 tsp. onion powder
1 tsp. oregano
1/2 tsp. freshly ground black pepper
1/2 tsp. chili powder
1/2 tsp. mustard powder
1/4 tsp. cayenne pepper
4 tbsp. butter, cut into cubes
1 c. [barbecue sauce](#)

DIRECTIONS

1. Preheat oven to 300° and line a baking sheet with aluminum foil.
2. In a small bowl, combine brown sugar and seasonings. Rub mixture all over ribs until well coated.
3. Evenly distribute butter cubes over ribs, wrap tightly in foil, and place on prepared baking sheet. Bake until very tender, about 2 1/2 hours.
4. Switch oven to broil, unwrap ribs, and brush all over with barbecue sauce. Place back on baking sheet and broil until sauce starts to caramelize, 5 minutes.



Sights and Scenes in August

St. John's at the Downtown Pedestrian Mall – June to September



MUN Botanical Gardens Tour – June to September
Weekly on Thursday at 2:00 pm
206 Mount Scio Road

Join the Garden Staff on a guided walk through the gardens and learn about the many varieties of flora on display.

You may even get a gardening question or two of your own answered.



Farmer's Market - 245 Freshwater Road

Everyone's welcome at the St. John's Farmers' Market! We've created an experience for you that celebrates the best from local farmers, food artisans, craftspeople, and more. Discover new tastes and connect to your community like never before. We're looking forward to seeing you!



George Street Festival



Thursday, July 28th to August 3rd

Featuring: The Celtic Fiddlers, St. Pat's Dancers, The Masterless Men and The Navigators, the Celtic Connection, Alan Doyle, Kellie Loder, Shanneyganock & Signal Hill with Rum Ragged

August 22nd at 2PM

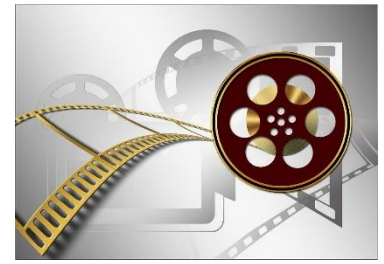
The Stanley Cup parade, featuring the Music Collection Drumline, will depart Bannerman Park at 2 p.m. and travel down the following streets: Military Road, Ordnance Street, Duckworth Street, Prescott Street, and Water Street. See [map of the parade route](#).

The parade will travel through the Downtown Pedestrian Mall (east to west) until it reaches George Street, where Alex will take the stage with the Stanley Cup. Alex will be joined by Mayor Danny Breen, and special guests.

METROBUS PARK N' RIDE AND GOBUS

Metrobus will operate on a load and go schedule between 12:30 and 2 p.m. from The Village Shopping Centre parking lot and will drop off in front of the St. John's Convention Centre (SJCC), 50 New Gower Street. Services from SJCC back to Village Mall will start immediately at the end of the event. A low-floor accessible bus will be available during the Park N' Ride.

GoBus stops are located in various areas downtown, GoBus customers may reserve their ride by contacting [GoBus directly](#).



From Kitty's Movies

Turner Classic Movies

**Bell Aliant: Channel
204**

Rogers: Channel 50

Saturday, August 6,
2022, at 8:00 pm

Roman Holiday (1953) / Romance

A runaway princess in Rome finds love with a reporter who knows her true identity.
Starring: Gregory Peck, Audrey Hepburn, and Eddie Albert



**Join us this summer
for Wisdom Healing
Qigong on the
lawn of
Government House
with Sheila Leonard
– T'ai Chi Chih and
Wisdom Healing
Qigong.**

Every Thursday; June 30 – September 15, 2022. Wellness Breaks are returning to the grounds of Government House! Join us on the lawn this summer for free and accessible healthy living activities for all members of the community.



Mount Pearl Renaissance Festival

Aug 27th to Aug 28th

Rugby Field - 46 Ruth Avenue

Coming this summer is the Mount Pearl Renaissance Festival! Celebrating all things from the medieval and renaissance periods, this will be a unique historical event.

Tickets: Children ages five to 12: \$10 Per Day/ Adults: \$15 per day.

Wednesday, August 17, 2022
at 12:00 pm

Keeper of the Flame (1942) Drama

A reporter digs into the secret life of a recently deceased political hero.

Starring: Spencer Tracey, Katharine Hepburn, and Richard Whorf

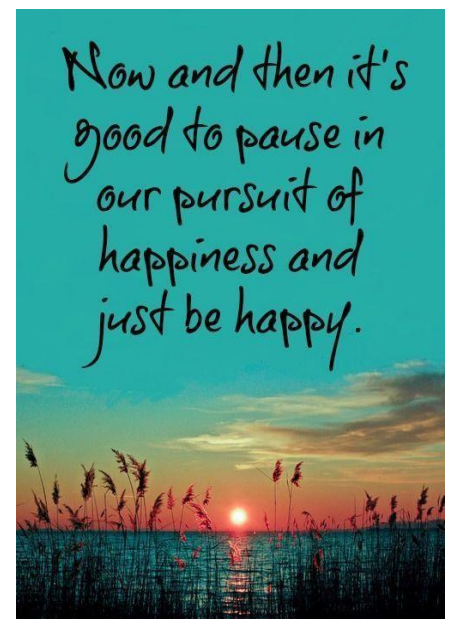
Saturday, August 20, 2022 at 1:15 pm

Queen Bee (1955) Drama

A manipulative Southern socialite sets out to destroy the lives of all those around her.

Starring: Joan Crawford, Barry Sullivan, Betsy Palmer, and John Ireland.

Pause for Thought ...



the LAST WORD

Catherine McAuley's world did not differ greatly from our own. She found ways to be courteous to poor people and her coworkers, and she encouraged simple living. She fostered a welcoming spirit within her works of mercy. In naming her first foundation the House of Mercy, she identified a fundamental value in her spirituality and in Christian living: hospitality. Indeed, all Christian homes should be houses of merciful hospitality.

