

KITTY'S CHRONICLE MERCY ASSOCIATES' NEWSLETTER

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PRAYERS

Prayers for the Sick

Let us pray for the sick, especially our Associates, Sisters of Mercy, family members, friends and care-givers. May God touch them with comfort, healing and strength.

We pray for people who are on our list this week – Jaxon McKinney (Sister Maureen O'Keefe's grandnephew), Sharon Keels (sister of Ros Hurley), Diane Hickey (sister-in-law of Cathy Hickey), Theresa Lacey (sister of Annie Brown), Marilyn Thurston, Patricia King, Edith Antle, Sylvia Flood, Kevin Drover (husband of Geraldine Drover), Michael Hickey (brother of Cathy Hickey), Geraldine Duhamel (sister of Sharon Drover) and Rick Stone (son of Doreen Stone).

(If you wish to have your name or another person's name added to or removed from this list please let Sharon Drover know (drover.sharon@yahoo.ca)

May you be continually blessed with great love and happiness!

Happy Birthday Wishes to ...

Cathy Hickey	-	June 18 th
Sister Maureen	-	June 18 th

Happy Anniversary Wishes to ...

Joanne & Ed	-	June 10 th
Sharon & Bill	-	June 26 th
Barbara & George	-	June 28 th



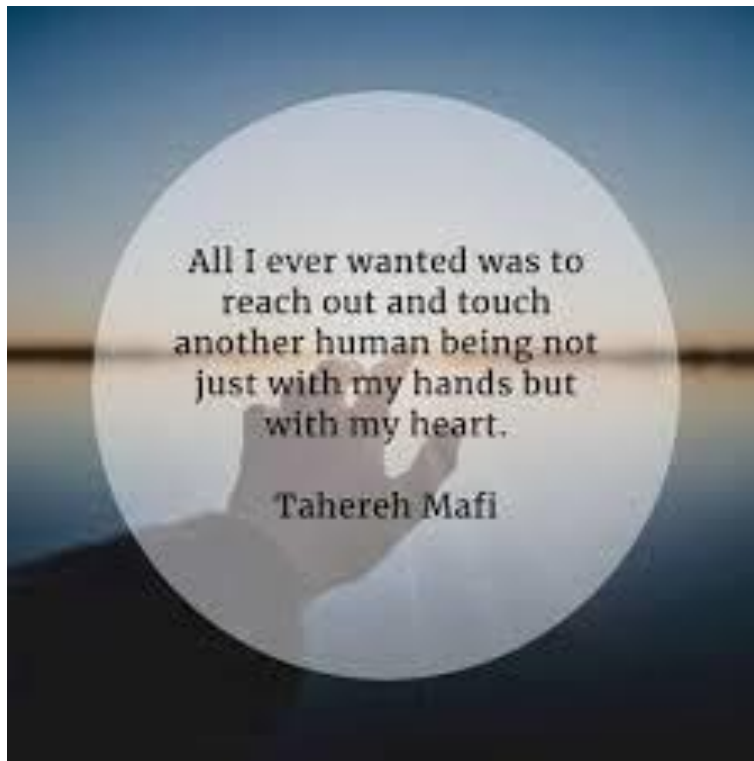


Light a Candle

Let us continue, in solidarity with Mercy Sisters, Associates and Colleagues around the world, to light a candle and pray for justice and peace.

From the Wisdom Circles

Circle of Compassion



Contemplative Presence

“Contemplative prayer is a deepening of faith that moves beyond thoughts and concepts. One just listens to God, open and receptive to the Divine Presence in one’s inmost being as its source. One listens not with a view to hearing something, but with a view to becoming aware of the obstacles to one’s friendship with God.”

— Thomas Keating

Integrity of Creation

Let us be “protectors” of creation, protectors of God’s plan inscribed in nature, protectors of one another & of the environment...to be “protectors,” we also have to keep watch over ourselves! Let us not forget that hatred, envy & pride defile our lives!

- Pope Francis

Diversity and Inclusion



*The greater the diversity,
the greater the perfection.*

- Thomas Berry



Notes from the Associates/Sisters

Items of Interest



When is June Day?

June Day is a provincial holiday in Newfoundland and Labrador. It is celebrated on the Monday nearest June 24th.

June Day was previously called Discovery Day, which commemorated the discovery of the province in 1497 by John Cabot... Discovery Day, also known as Cabot Day, commemorates John Cabot's arrival to Newfoundland and Labrador.

Critics of the holiday have pointed out that John Cabot didn't 'discover' Newfoundland and Labrador when he landed on its shores in 1497. Instead, his arrival played a role in centuries of conflict between European visitors and Indigenous people.

June Day is a provisional name and the government will consult with the province's Indigenous groups before choosing a new name for the holiday.

History of June Day

The expedition left Bristol on 2 May 1497 in a ship called 'Matthew' and made landfall somewhere on the coast of North America on 24 June 1497 (St. John's Day). This discovery marked the first Europeans to set foot on the North American continent since the Vikings in the 11th century.

Though historians have argued where exactly Cabot made landfall, in 1997 the Canadian and UK governments designated Cape Bonavista in Newfoundland as the official place of Cabot's landing.

Discovery Day had been a statutory holiday from 1962 until 1992, when it was removed from the Shops Closing Act.

Since 1997, Discovery Day has also been known as **Cabot 500 Day** marking the 500th anniversary of the discovery.

Other important dates in June

- **June 19 is Father's Day**

A time to celebrate our fathers and those who have been role models in lives where a father was absent. Whether to celebrate this day worldwide or not remained a debatable topic. In 1908, Grace Golden Clayton proposed the day to honor those men who had lost their lives in a mining accident in the US. Though it was not accepted then, in 1909 Sonora Smart Dodd, who along with her five brothers was raised by her father alone, after attending Mother's Day in a church, convinced the Spokane Ministerial Association to celebrate Father's Day worldwide. In addition to Father's Day, International Men's Day is celebrated in many countries on November 19 in honor of both men and boys

- **June 21** is the summer solstice, which heralds the start of summer in the Northern Hemisphere. It's the day with the most hours of daylight, so enjoy! In the Southern Hemisphere, winter begins at this time.

- **June 21** is **National Indigenous Peoples Day** (Canada). This holiday is meant to remind Canadians of the contributions of the many First Nations, Métis, and Inuit peoples.
- Newfoundland and Labrador is home to three distinct Indigenous groups: **the Inuit, Innu, and the Mi'kmaq**. Descendants of the Thule Inuit, the Inuit have made Labrador their home for centuries.
- **June 24** brings **Midsummer Day**, traditionally the midpoint of the growing season, halfway between planting and harvesting. It is celebrated in many cultures on the night of June 23, as Midsummer Eve.



Saint of the Day for June 15

Saint Marguerite d'Youville's Story

We learn compassion from allowing our lives to be influenced by compassionate people, by seeing life from their perspectives, and by reconsidering our own values.

Born in Varennes, Canada, Marie Marguerite Dufrost de Lajemmerais had to interrupt her schooling at the age of 12 to help her widowed mother. Eight years later she married François d'Youville; they had six children, four of whom died young. Despite the fact that her husband gambled, sold liquor illegally to Native Americans, and treated her indifferently, she cared for him compassionately until his death in 1730.

Even though she was caring for two small children and running a store to help pay off her husband's debts, Marguerite still helped the poor. Once her children were grown, she and several companions rescued a Quebec hospital that was in danger of failing. She called her community the Institute of the Sisters of Charity of Montreal; the people called them the "Grey Nuns" because of the color of their habits. In time, a proverb arose among the poor people of



Montreal, “Go to the Grey Nuns; they never refuse to serve.” In time, five other religious communities traced their roots to the Grey Nuns.

The General Hospital in Montreal became known as the Hôtel Dieu (House of God) and set a standard for medical care and Christian compassion. When the hospital was destroyed by fire in 1766, Mère Marguerite knelt in the ashes, led the *Te Deum*—a hymn to God’s providence in all circumstances—and began the rebuilding process. She fought the attempts of government officials to restrain her charity and established the first foundling home in North America.

Pope Saint John XXIII, who beatified Mère Marguerite in 1959, called her the “Mother of Universal Charity.” She was canonized in 1990, and her liturgical feast is celebrated on October 16.

Reflection

Saints deal with plenty of discouragement, plenty of reasons to say, “Life isn’t fair” and wonder where God is in the rubble of their lives. We honor saints like Marguerite because they show us that with God’s grace and our cooperation, suffering can lead to compassion rather than bitterness.



From Kitty's Kitchen

Best Roasted Potatoes
Great to go with any BBQ this summer



Preheat oven to 425.

Slice the potatoes into wedges - (you can peel or leave the skin on the potatoes).

Bring a large pot of water to a boil.

Place potato wedges in boiling water for 4 (Four) minutes

Drain potatoes and pat dry.

In another bowl combine 1/8 cup of olive oil, 1/2 tsp of paprika, 1/4 salt, pepper, garlic .

Place potato wedges in a bowl and mix.

Arrange potatoes on a pan lined with parchment paper.

Roast for 40 minutes - turn potatoes and continue to roast for 30 minutes.

When potatoes are deeply golden on the underside they are ready to be seasoned with fresh parsley to give an enticing green color and some light flavor. Then stir to help the parsley stick. Serve while warm.

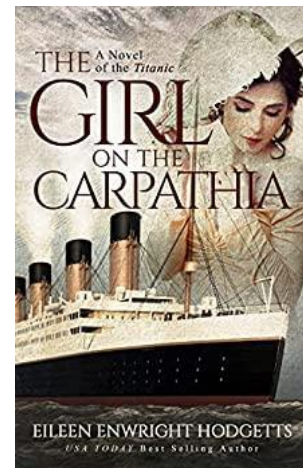


From Kitty's Library

A Good Read

THE GIRL ON THE CARPATHIA

By: Eileen Enwright Hodgetts



“SOS TITANIC TO ALL SHIPS, SINKING HEAD DOWN 41.46 N 50.14 W. COME AS SOON AS POSSIBLE”

North Atlantic Ocean, 1912. Kate Royston is a witness to history as the RMS Carpathia responds to the Titanic's desperate SOS. Kate plans to escape personal tragedy by fleeing to Europe but everything changes when the Carpathia races to save the Titanic's survivors.

Forced to return to New York, Kate abandons her hope of escape and becomes embroiled as a vital witness in the high-profile Senate investigation of the disaster.

Can Kate find happiness in the midst of tragedy?

Meticulously researched and using actual witness testimony, *The Girl on the Carpathia* begins where most Titanic stories end and answers the questions “What happened next?” and “Who was to blame?”



Pause for Thought



Cooling the Conflict



His speech persuaded them.

Acts 5:40

A huge conflict erupted in first-century Jerusalem between the followers of Jesus and the religious establishment. Change was in the wind, and the Sanhedrin was protective of the status quo. Several Christian leaders had been thrown into jail, only to be set free by an angel. They were then rearrested, and the Sanhedrin was called into session to determine what to do with them. Many of the Sanhedrin wanted the Christians killed to quell the movement.

Before the vote was taken, Gamaliel, a leading rabbi, advised, “Leave these men alone. Let them go. For if their purpose or activity is of human origin, it will fail. But if it is from God, you will not be able to stop these men. You will only find yourself fighting against God.”

Good for Gamaliel. This veteran of conflict knew how to deescalate conflict. I want to be like him, understanding that while conflict is inevitable, it can be a force for good, if handled correctly.



There is no shortage of conflict in our world – from wars between nations to family feuds. It's too easy to join the fight and make things worse. God, I want to be more like Gamaliel, who cooled the crowd and trusted you for the outcome. May I be the one who throws water, not fuel, on the fires of hostility. Amen

- Leith Anderson – Faith Matters

the LAST WORD

“Generosity is not in bestowing gifts ... but in bestowing ourselves
most freely and relying with unhesitating confidence
on the Providence of God.”

- Catherine McAuley
