

I Arise Today - St. Patrick's Day 2023

Lorica Prayer/Video: <https://youtu.be/YuHJyHY3bFc>

I arise today
Through a mighty strength, the invocation of
the Trinity,
Through a belief in the Threeness,
Through confession of the Oneness
Of the Creator of creation.

I arise today
Through the strength of heaven;
Light of the sun,
Splendor of fire,
Speed of lightning,
Swiftness of the wind,
Depth of the sea,
Stability of the earth,
Firmness of the rock.

I arise today
Through God's strength to pilot me;
God's might to uphold me,
God's wisdom to guide me,
God's eye to look before me,
God's ear to hear me,
God's word to speak for me,
God's hand to guard me,

God's way to lie before me,
God's shield to protect me,
God's hosts to save me.

Christ with me, Christ before me, Christ
behind me,
Christ in me, Christ beneath me, Christ
above me,
Christ on my right, Christ on my left,
Christ when I lie down, Christ when I sit
down,
Christ in the heart of every man who thinks
of me,
Christ in the mouth of every man who
speaks of me,
Christ in the eye that sees me,
Christ in the ear that hears me.

I arise today
Through a mighty strength, the invocation of
the Trinity,
Through a belief in the Threeness,
Through a confession of the Oneness
Of the Creator of creation.

Readings:



St. Patrick window- Baggot Street Chapel

The Lorica sinks us deeper into where we are and fosters mutually sustaining relationships with the other-than-human world. It addresses our oneness with creation and our becoming fully human. St. Patrick first came to Ireland at the age of sixteen, transported from Britain to work as a slave minding sheep. Six years later he escaped, returning to his family and later visiting France where he became a Christian. He felt called by God to return to Ireland as a missionary, spreading God's word and baptizing thousands of people. He accomplished an exodus from his bubble of urban luxury to a deep Celtic spiritual kinship, a relationship to human and other-than-human communities. Patrick binds himself to Trinity, to others, to Earth. With our Irish Catholic heritage, we too celebrate the Incarnation of Jesus and the original Incarnation - God being embodied in creation.

Blessed be the longing that brought you here and that quickens your soul with wonder.
May you have the courage to befriend your eternal longing.
May you enjoy the critical and creative companionship of the question "Who am I?" and may it brighten your longing.
May a secret Providence guide your thought and shelter your feeling.
May your mind inhabit your life with the same sureness with which your body belongs to the world.
May the sense of something absent enlarge your life.
May your soul be as free as the ever-new waves of the sea.
May you succumb to the danger of growth.
May you live in the neighborhood of wonder.
May you belong to love with wildness of Dance.
May you know that you are ever embraced in the kind circle of God.

A Blessing by John O'Donohue



Blessing

May the Wisdom of God instruct us.
May the Hand of God protect us.
May the Way of God direct us.
May the Shield of God defend us.

